

Programs and Retreats...

For personal transformation in small group settings:

- ◇ Spirituality Book Discussions
- ◇ Men's & Women's Faith Sharing
- ◇ Yoga & Meditation
- ◇ Contemplative Movie Nights
- ◇ Pot Luck Social Gatherings
- ◇ Seasonal Retreats
- ◇ Bible Basics
- ◇ Centering Prayer
- ◇ Art



In Times of Loss...

If suffering and loss are leading one to seek deeper meaning and support:

- ◇ Bereavement Support Group
- ◇ Separated & Divorce Support Group
- ◇ One-on-one bereavement and divorce support

Spiritual Companionship...

Spiritual companionship is the process of sharing one's sacred stories with a trained, compassionate listener. A spiritual companion journeys with you as you navigate through life's complexities and transitions, and is a trusted guide as you discover your inner wisdom. It can be helpful to anyone seeking spiritual growth, healing or a deeper connection with God and others. It is a time-honored practice of compassionate, non-judgmental listening to another where what is shared is held with reverence and confidentiality.

Spiritual companions do not offer counseling, advice, or problem solving. Rather, they accompany you as you explore your own spiritual path.

Holistic Health Services...

An individual is a whole made up of interdependent parts, which are the physical, mental, emotional, and spiritual. Holistic health practices attends to these elements to help individuals live a balanced lifestyle and creates space for spiritual growth.

A Place to Be

offers attractive and comfortable rooms that can be used for a quick spiritual escape or rented for your next meeting or training session. Enjoy a warm and friendly atmosphere in space that is bright, quiet and can be tailored to meet the needs of your group. Light refreshments are also available upon request.

Our sacred space offers:

- ◇ Chapel for prayer and meditation
- ◇ Library with spiritual reading resources
- ◇ Listening corners
- ◇ Individual or group day retreat facilities
- ◇ Art room for creative expression

For more information on specific offerings, check out our website at www.aplacetobesc.org or contact us at information@aplacetobesc.org

A Place to Be is a sacred place of peace and hospitality for those seeking spiritual renewal, personal and professional growth, healing, transformation and deeper self-awareness. We are dedicated to supporting anyone in their search for God, meaning and wholeness.

We invite you to explore our many offerings:

- ◇ compassionate listening
- ◇ daylong programs
- ◇ guided and interactive retreats
- ◇ mind-body-spirit classes
- ◇ creative expression opportunities
- ◇ holistic health services

Come as you are.

All are welcome.



Our mission:

A Place to Be is sacred space that welcomes everyone. Rooted in Christian values and led by the Holy Spirit, we are dedicated to supporting anyone in their search for meaning, wholeness, and the Divine. We believe:

- ◇ In each of us dwells the Sacred.
- ◇ We need each other to recognize and honor that part of ourselves.
- ◇ As we grow in holiness, we contribute to bringing God's presence into our world.

Core Values:

- ◇ Sacredness: We believe in every person and all creation dwells the indwelling Spirit.
- ◇ Respect: Acknowledge the dignity, diversity, and worth of each person as a unique image of God.
- ◇ Community: Through prayer, empathy, listening and sharing, we create a safe, nonjudgmental, peaceful place.
- ◇ Hospitality: Welcome all with compassion, acceptance, and celebration.
- ◇ Professionalism: Commit to competence, quality, trust, and personal spiritual development.

A Place to Be Spirituality Center
A St. John XXIII Sponsored Ministry
2561 State Hwy 32, Port Washington, WI
(262) 284-9035 | www.aplacetobesc.org
information@aplacetobesc.org



St. John XXIII
Catholic Parish
1800 N. Wisconsin Street
Port Washington, WI 53074
(262) 284-4266 | www.stjohn23rd.org

A Place to Be Spirituality Center

A sacred place
of peace
and hospitality

Hours of Operation:

Monday—Thursday: 10am—8pm
Friday: 10am—3pm
Additional times available by appointment.