

A Place to Be

Spirituality Center

September-December 2019

Newsletter

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- ◇ **Various Prayer and Meditation Opportunities**
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Fall is a time of transition: kids going back to school, leaves turning from green to orange, and the tank tops being traded for sweatshirts. A Place To Be is in transition as well! This past year has been one of new beginnings

and growth spurts, of welcoming friends, both old and new and of trying new things. Thank you for sharing your warm, generous spirit with us and adding so much to the spirit of the Center. Because of your overwhelming support and participation this past year, we've outgrown our space and are moving into new quarters! We are excited to be sharing space in Saukville with several other ecumenical community service organizations working to support families in the Port Washington/Saukville area. Stop in and check out our new space!

Many thanks to Bob Goebel and the Goebel family for providing us with a place to birth this new ministry of St. John XXIII. We are grateful for the support they have given us this past year.

I am also excited to share that Thomas, our wonderful Eagle Scout, has been working hard installing our outdoor labyrinth. Once complete, anyone can stop in any day and pray/meditate in a beautiful, park-like setting. We are grateful for Thomas's kindness and generous spirit! I am also excited to welcome back many of our presenters and facilitators as well as introduce a few new friends. Phil Block, Lila Mueller, and Elizabeth Evans join us as facilitators and presenters. Eernisse Funeral Home will help us reflect on planning for our final days. Barbara Dickmann and Jenny Mitchell grace us with their artistic talents once again and Maria Giordano calms us with her mediation and healing energy work. I'm so grateful for all of you for the support and encouragement you give as we strive to bring God's healing presence to all.

See you at the Center!!

COVER ART: Photo taken by Phil Block, a talented and accomplished photographer and good friend of A Place to Be. Phil is a retired corporate trainer and experienced small group leader in area faith communities, who will also be facilitating two of our fall programs: Ed's Story (p. 5) and Basic - Francis Chan (p. 6).

Welcome!

Our mission:

A Place to Be is sacred space that welcomes everyone. Rooted in Christian values and led by the Holy Spirit, we are dedicated to supporting anyone in their search for meaning, wholeness, and the Divine.

We believe:

- ◇ In each of us dwells the Sacred.
- ◇ We need each other to recognize and honor that part of ourselves.
- ◇ As we grow in holiness, we contribute to bringing God's presence into our world.

Core Values:

- ◇ Sacredness: We believe in every person and all creation dwells the indwelling Spirit.
- ◇ Respect: Acknowledge the dignity, diversity, and worth of each person as a unique image of God.
- ◇ Community: Through prayer, empathy, listening and sharing, we create a safe, nonjudgmental, peaceful place.
- ◇ Hospitality: Welcome all with compassion, acceptance, and celebration.
- ◇ Professionalism: Commit to competence, quality, trust, and personal spiritual development.

Physical address: 166 W. Dekora St. Saukville, WI
Inside the Parkside Community UCC Church Building

Mailing address:

1800 N. Wisconsin St. Port Washington, WI 53074

Phone: (262) 277-1928

Website: www.aplacetobesc.org

Email: information@aplacetobesc.org

Facebook: www.facebook.com/aplacetobesc

Instagram: [aplacetobesc](https://www.instagram.com/aplacetobesc)

Spiritual Living & Support

Bereavement Support

Every 1st and 3rd Tuesday

6:30-7:30 pm

Facilitators: Kelly Lemens

Donation: Free-will offering

The journey through grief is not easy. There is help along the way - it can come from those around you, like family and friends, or others who have experienced grief before you. You'll have the opportunity to process your own unique experience while receiving the comfort and support from others who have personally experienced loss.



Sacred Circle

Contemplation &

Dialogue
for Seekers

Every 1st Friday

1:00—3:00 pm

Facilitator:
Kelly Lemens

Donation: Free-will offering



Sacred Circle is for anyone desiring a deepening in awareness of themselves and the Divine, the opportunity to explore their own inner territory, and dialogue with other seekers about the journey. Through contemplation and compassionate dialogue, *Sacred Circle* provides sacred space for compassionate listening, both to our inner selves and to others, in a way that restores our sense of self and the Divine.



Men's Scripture Study

Every Wednesday, 6:00-7:00 am

Facilitator: Mark Goeden

Donation: Free-will offering

Join other men in reading and reflecting on Sunday scripture readings. This is an ecumenical group.

No registration necessary.



How to register:

Go online to www.aplacetobesc.org and click on "Register" link on the program description page. The donation for most events is due at the time of registration.

Financial assistance: If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 277-1928 or email lemensk@aplacetobesc.org.

We are committed to serving everyone on their spiritual journey and will hold your request in confidence.

Spiritual Living & Support

Spirituality Book Clubs

Wednesdays, 6:30-8:00 pm *or* Thursdays, 9:00-10:30 am

Facilitator: Kelly Lemens

Donation: Varies by selection

These groups provides encouragement and fellowship for anyone looking to delve deeper into different areas of Spirituality. Join other seekers in studying a faith topic using a variety of genres followed by reflection, discussion, and prayer.

Fall book selections listed below:

Letters to a Young Muslim

Thursdays, 9:00-10:30 am; October 10-December 19



Donation: \$15 (*includes book*)

In a series of personal letters, author Omar Saif Ghobash offers his sons insights and guidance around one burning question: How can moderate Muslims unite to find a voice that is true to Islam while actively and productively engaging in the modern world.

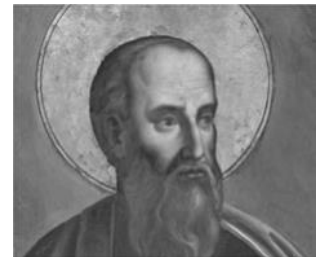
The author takes a hard look at seemingly simple questions: What does it mean to be Muslim? What is the concept of a good life? Is it acceptable to stand up and openly condemn those who take the Islamic faith and twist it to suit a misguided political agenda? Join us for an intimate, personal glimpse into an unfamiliar world and gain insights into the everyday struggle Muslims face around the globe.

Paul: The Missionary Disciple

Wednesdays, 6:30-8:00 p.m.; August 7-December 18

Donation: \$5 (+\$30 for *optional workbook*)

St. Paul goes from infamous persecutor of Christians to Christ's most influential missionary disciple. Join us as we explore his life, conversion and missionary journeys which transform Christianity into a universal religion and laid the ground for the Church. This study is based on Jeff Caven's *Acts: The Spread of the Kingdom* dvd series and will include a dvd viewing followed by discussion. Study book suggested but not required.



Missed the start date? No problem. New members can join this discussion at any time!



Spiritual Resource Library - ***NEW TITLES Available!***

Our library features a variety of books, cd's and dvd's on a multitude of topics, available to check out, to foster personal and spiritual well being.

As we are expanding our library, if you have spiritual books that you would like to give a new home, we are accepting donations. If they do not fit in our library, we will pass donations along to St. Vincent de Paul.

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That Man Is You (TMIY)

13-week sessions

Wednesdays, 6:00—7:00 am starting September 11

Facilitated by George Ploof & Mark Goeden

—or—

Sundays, 6:15—7:15 pm starting September 15

Facilitated by Chuck Lanser & Ed Quentin

Donation: Free-will offering

A Catholic, interactive men's program focused on the development of men in the modern world. It combines the best research from science with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of authentic men capable of transforming themselves, their families, and greater society.

Wednesday Morning Group:

The Vision of Man Fully Alive

This program enables men to experience authentic freedom as sons of God. Through living the three-fold mission of abiding presence, joyful service, and loving sacrifice, their hearts and homes will experience the joy that God desires. We will journey directly to the three spiritual foods that Christ himself proclaims: The Eucharist, The Word of God, and the Will of God.

Sunday Evening Group:

The Battle Over the Bride

This program helps men grasp the depth and beauty of the Church's vision of love and marriage by considering seven "moments" in the Catholic Nuptial Mass, provides a mystical vision of the beauty of love that lies hidden behind the "mundane details" of everyday life, and relates stories from around the globe of couples who have lived the mystery of love to its very end.

Bible Basics

Tuesdays: Sept 10, Sept 24, Oct 8, Oct 22, Nov 5, Nov 12
10:00 am—11:30 am

Facilitator: Kelly Lemens

Donation: \$15



Have you ever wondered how we got the Bible?

Who were its authors? Why is it so hard to read? Is the Bible meant to be read literally or figuratively? The Bible Basics series answers these questions and many more. Receive practical advice on how to read the Bible and tips to develop good Scripture reading habits. Join us for a fun and enlightening pilgrimage through the Bible. Bibles may be purchased before class at an additional cost or participants may bring their own.

Spiritual Living & Support

Ed's Story:

A Film Series About Hope

Mondays: September 9 - October 21

6:30-8:00 p.m.

Facilitator: Phil Block

Donation: \$15



At Christmas time in 2000, doctors diagnosed Ed Dobson with ALS (Lou Gehrig's Disease) and gave him 2-5 years to live, most of which he was told would be in a disabled state. Finally succumbing to ALS on December 26, 2015, his journey was one of remembering that life isn't over until it's over and sincerely thanking God for every new morning.

Journey with Ed through his struggle with the challenges of ALS. Sometimes, he admits, he's done well facing his challenges, other times not so well. Ed's powerful insights and wisdom will encourage anyone facing difficulties in their own lives.

Each session will include a video followed by group discussion. This inspirational program will be particularly beneficial to older audiences and their loved ones or caregivers. No materials needed.

End of Life Planning

Tuesday, September 17

6:30-7:30 p.m.

Facilitator: Eernisse
Funeral Home

Donation: Free-will
offering

RSVP requested



Pre-planning our own or a loved one's funeral ensures our wishes have been made known and the details taken care of. Pre-planning your final wishes also may shield the family from unnecessary emotional and financial burden. Join us to learn more about pre-arrangements, veteran benefits, cremation, burials, and more.

Repentance Through a Rabbi's Eyes

Thursday, September 19, 6:00 p.m.

Location: The Shul Synagogue, 8825 N Lake Drive,
Bayside (carpooling from APTB available)

Presenter: Rabbi Avremi Schapiro

Donation: \$15

Christian tradition and liturgy is situated in and grew out of its foundation in Jewish tradition.

Although they share a common

origin, each developed in different ways. Join us as Rabbi Avremi Schapiro explores how Jewish tradition is the basis for how many Christians celebrate their faith today. Our evening will begin with a tour of the synagogue, followed by Rabbi Schapiro's presentation followed by hospitality.



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The Universal Christ: How a Forgotten Reality can Change Everything We See, Hope For, and Believe

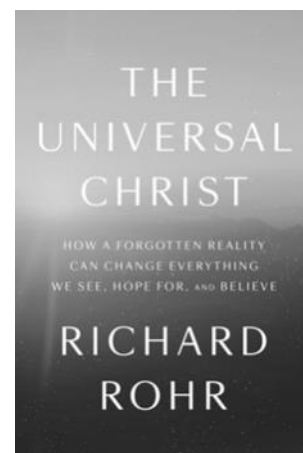
By Richard Rohr

Thursdays: Oct. 3, 17, 31, Nov. 7, 21, Dec. 5, 12

6:30-8:00 p.m.

Facilitators: Liz Evans & Kelly Lemens

Cost: \$25, includes book



The revelation of the Risen Christ as universal and eternal was clearly affirmed in the Scriptures and in the early church. Gradually after the Great Schism of 1054, however, we lost this profound understanding of how God has been liberating and loving all that is. Perhaps now is the time to reclaim this deep mode of seeing:

- What if Christ is a name for the *transcendent within* of every “thing” in the universe?
- What if Christ is a name for the immense spaciousness of all true Love?
- What if Christ refers to an infinite horizon that pulls us from within and pulls us forward too?
- What if Christ is *another name for everything* – in its fullness?

It’s time we deeply explore these questions about Christ and the shape of reality for each of us. This revelation transforms the way we see and live, and offers us the deep and universal meaning that is so lacking in our world today.

Drawing on scripture, history, and spiritual practice, Richard Rohr offers us a transformative view of Jesus Christ as God’s constant, unfolding work in the world. “God loves things by becoming them.” Jesus’s life declares that humanity has never been separate from God. When we embrace this fundamental truth, faith becomes less about proving Jesus was God and more about learning to recognize the Creators’ presence all around us and in everyone we meet.

Join us as we explore what it means that Jesus was called “Christ,” and how this forgotten truth can restore hope and meaning to our world.



Basic - Francis Chan

Mondays, November 4, 11, 18, 25, December 2, 9, & 16

6:30-8:00 p.m.

Facilitator: Phil Block

Donation: \$15

What would church look like today if we let the Holy Spirit lead? *Basic* is a seven-part series of short films led by Francis Chan, author, preacher and former pastor, who challenges us to reclaim church as scripture describes it: follow Jesus, Holy Spirit, fellowship, teaching, prayer and communion. Each session will begin with the short film followed by small group discussion.

Spiritual Living & Support



Day of Solitude

Based upon availability

Facilitator: Kelly Lemens

Donation: \$35, includes optional spiritual companioning session and simple meal

Yearning for a day to unplug and pause from the demands of life? You are invited to spend a day of solitude at the Center where you are given permission to simply BE. Solitude offers a place to listen to and rest in God. Choose a day that works for you. Begin and end the day with prayer with a Spiritual Companion. You will be offered a private, comfortable room and a simple meal. Options include attending Daily Prayer, using our art supplies, enjoying a walk, and meeting with Kelly Lemens, Spiritual Companion, if you wish.

Healing Hands

By appointment

Practitioner: Maria Giordano, HCT

Donation: \$55 for a one-hour session

Hands on healing is a complementary healing technique for stress-reduction and relaxation to improve health and well-being. Hands on healing combines deep breathing, meditation, and light touch to bring balance to your body, mind, and spirit. Benefits include: releases stress and pain, calms anxiety and depression, enhances the immune system, improves sleep patterns, and maintains health. Contact Maria book an appointment at mariag@healinghandsenergy.com.



COMING SOON!

We are excited to be collaborating with the faith communities of Christ the King Lutheran Church, Grand Avenue Methodist Church, Living Hope Lutheran Church, Parkside UCC and St. John XXIII for a quarterly book group discussing pressing social issues of our time. Look for details soon on our website and social media pages.

Some possible books for this series:



Retreats

Roots & Branches: Our Tree of Life Retreat

Saturday, Oct 19; 9 am – noon

Facilitators: Jenny Mitchell and Kelly Lemens

Donation: \$25 (includes supplies)

Throughout every spiritual tradition, trees hold great symbolic significance.

Branches identify how we connect to the outside world and to God. The trunk represents ourselves: what kind of self-care is needed to sustain us? A tree's roots symbolically ground us in God. What do we need to do to sustain our connection with God? How do these three areas relate, connect and interact. Join us as we explore our symbolic tree while creating our own Tree of Life.



Essential Oils Workshop

Saturday, November 2; 9:00 -11:00 am

Presenter: Lila Mueller

Donation: \$15

Essential oils are concentrated plant extracts that retain the plant's natural essence. Often used in aromatherapy, essential oils may help alleviate a variety of health concerns such as stress, anxiety, depression, insomnia, headaches and reduced inflammation to name a few. Join us for an informative overview of essential oils with cautions for select health conditions and interactions. Questions to be addressed include:

- Can people with health conditions use essential oils?
- What should I look for or be cautious about?
- Are there standards for essential oils?

Lila Mueller is a NBCR ARCB Board Certified Reflexologist, C.R.R., ART, Certified Temprana Reflex Therapist, Reflexology Preceptor for St. Luke's Medical Center Integrative Medicine Program, NES Practitioner, President of Integrated Reflexologists of Wisconsin Inc., Instructor at Ray of Hope Academy in Belgium, and 2018 Recipient of the Leadership & Service Award from the Reflexology Association of America.

Gifts Received/Gifts Given

Saturday, Nov. 16; 10 am – 2 pm

Facilitators: Jenny Mitchell and Kelly Lemens

Donation: \$25 (includes supplies)

St. Nicholas, born into wealth, lost his parents at a young age to an epidemic. A devout Christian, Nicholas sold all he had to give to the poor then dedicated the rest of his life to serving God. We, too, are richly blessed with abundant spiritual gifts from God. We, too, in the spirit of St. Nicholas, are called to give these gifts away. Join us in discovering and exploring our Spiritual gifts as we paint our own St. Nicholas portrait.



Retreats

Antler Basket Weaving

Saturday, Nov. 9, 9:00 a.m.-noon

Presenter: Richard Loliwayntati Gonzalez, M.A.
("Loliwayntati" means "He Who Brings the Good Word")

Donation: \$75 (includes supplies)

We are excited to welcome back Rick Gonzalez M.A., member of the Iroquois Confederation, Oneida Nation of Wisconsin, and Turtle Clan and maker of contemporary, Iroquois antler baskets. Participants will weave their own unique antler basket as we delve further into Native American spirituality as well as develop a more profound sense of our own spiritual relationships. The artist will share how a "Spirit Line" relates to your soul and how this Spirit Line could enhance a greater understanding of the Sacred Harmony - the relationship between God, Man, and Nature.

All materials for the workshop will be supplied. Each attendee will select an antler that has fallen naturally from our brother, the Deer. The antler will be pre-drilled and the weaving foundation will be installed beforehand for each participant. The weaving material, reed, either natural or dyed, will be the main component for the design element. Other mixed media, such as, sea grass, yarns, birch, etc., can be utilized for further design expression. To complete the "Tools List," please bring your own Perseverance, Patience, and a set of Insights! Yaw^ko! (thank you)



Reflexology Workshop

Saturday, Nov. 23; 9-11 a.m.

Presenter: Lila Mueller

Donation: \$15

What is Reflexology? Will it help my health condition? How is it performed? What questions do I ask to ensure that I will see a qualified practitioner? Join us for an informative presentation that addresses these questions and many more.

Learn about Reflexology as a stand-alone holistic health practice and see a reflexology session demonstrated. Come and learn about this wonderful natural health treatment.



Advent Day of Reflection: Advent Light

Saturday, Dec. 7; 9 a.m.-noon

Facilitators: Barbara Dickmann & Kelly Lemens

Donation: \$25

The Christmas season is filled with symbols of light: advent candles, sparkling tinsel, twinkling lights and, of course, THE star. Jesus came to dwell among us and, through His Holy Spirit, within us. How is Christ shining *in you* this season? How is Christ shining *through you* this season? What blocks your inner light from shining through, getting in the way of the joy of the season. Join us for a day of reflecting on our own Advent light as we create our own ceramic candleholders to hold the Light of the World.

Prayer & Meditation

Prayer & Praise Worship Night

4th Fridays; 7:00 pm-8:30 pm

Facilitator: Varies

Donation: Free-will Offering



Join us for an evening of Prayer & Praise! Gathering begins at 6:30 p.m. with worship to follow. The evening will begin with praise & worship music by contemporary artists such as Chris Tomlin, Mercy Me, & Casting Crowns. We will reflect on a Gospel passage, offer our intentions and share a sign of peace. After, stay for refreshments and fellowship. A non-denominational worship event, folks from all spiritual paths are invited – **all are welcome!**

No registration necessary.

Monthly Drumming Circle

2nd Tuesday of the month

6:30-8:00 pm

Facilitator: Varies

Donation:
Free-will offering



Hand drumming is an ancient art used

in many cultures. The music of drums creates a conduit to the Divine. Drumming is an opportunity to experience worship with our bodies as well as our minds. Join us for this monthly evening of drumming and discover inner strength and encouragement by those sharing the experience. Bring a drum of your own or use one of ours. No experience is necessary. All are welcome!

No registration necessary.



Centering Prayer

2nd Monday of the Month

6:00-6:30 pm

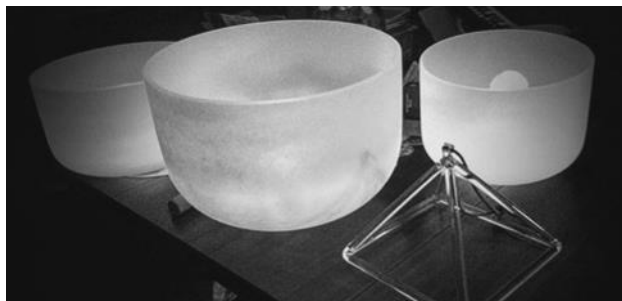
Facilitator: Varies

Donation: Free-will offering

Centering prayer is a receptive method of prayer, one of resting in God's presence so that one experiences God's presence within. The focus is on deepening one's relationship with the living Christ. Different from active modes of prayer - verbal, mental, or affective prayer - centering prayer is done in silence which emphasizes prayer as a personal relationship with God and as a movement beyond conversation with Christ to communion with Christ.

Prayer & Meditation

Crystal Singing Bowl Meditation



Saturdays, Sept. 28 & Nov. 16

9:00 - 10:30 am

Facilitator: Maria Giordano

Donation: \$15

Crystal singing bowl meditation integrates the healing vibrational sound of crystal bowls with the transformative energy of crystals and stress reduction. It will calm your soul, balance your energy flow. The vibrations of sound can create a state of relaxation and tranquility deep within. They can also stir and release blocked energy, pain, anxiety and emotions and take you to a place of greater self-awareness.

Come, join us and feel the presence of God.

COMING SOON!

Outdoor Labyrinth at our new location!



We are ecstatic to announce that our new location will feature an outdoor labyrinth, built by Eagle Scout Thomas Esselman who is a senior at Port Washington High School. Once it is completed guests will be able to stop by anytime to quiet their distracted minds and find peace while journeying this path.

Thank you Thomas!

How to register:

Go online to www.aplacetobesc.org and click on Register link on the program description page. The donation for most events is due at the time of registration.

Financial assistance:

If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 277-1928 or email lemensk@aplacetobesc.org. We are committed to serving everyone on their spiritual journey and will hold your request in confidence.

Social media:

Follow us on Facebook and Instagram!
www.facebook.com/aplacetobesc
www.instagram.com/aplacetobesc

Socials

Community Euchre Nights

Fridays: Aug. 26, Sept. 23, Oct. 28, Nov. 25

6:00-8:00 p.m.

Facilitators: Jenny & Kenny Mitchell

Donation: Free-will offering

Join us for a fun, social evening of snacks, fellowship and cards at A Place to Be Spirituality Center! Whether you are a Euchre pro, novice, or just want to learn a new game, please join us. All are welcome! This is a free-will offering social event. Come learn, play, and enjoy an evening of cards with us! Please contact Jenny Mitchell with any questions: mitchellj@aplacetobesc.org, 414-339-0561.

No registration needed.



Friday Art Fun Nights

Fridays: Sept. 20, Oct. 18, Nov. 15, Dec. 20

6:00-8:00 p.m.

Facilitators: Barbara Dickmann (Sept. 20), Jenny Mitchell

Donation: \$15/session

TGIF! At the end of the week, don't we all deserve to relax, enjoy amazing company, and let our creativity shine? Join us for our Friday Art Fun Nights, where we welcome guests to participate in an evening of art and refreshments. Each month we will feature an instructor-led art project with supplies on hand for anybody who would like to join us in creativity and friendship. Whether you are a seasoned artist or have no art experience, we would love to welcome you for socialization and self expression at our Friday Art Fun Nights!

Registration requested so we can make sure we have enough supplies.

Fishes & Loaves Potluck & Game Night

Fridays: Sept. 6, Oct. 4, Dec. 6

5:30—9:00 pm

Donation: Free-will offering

Join us for food, fellowship, and friendship. Bring a friend, a dish to pass, or yourself for a potluck supper with the A Place to Be community. No registration necessary.



Spiritual Companionship

Spiritual companionship is the process of sharing one's sacred stories with a trained, compassionate listener. It can be helpful to anyone seeking spiritual growth, healing, or a deeper connection with God and others. It is a time-honored practice of compassionate, non-judgmental listening to another in a safe setting where what is shared is held with reverence and confidentiality.

A trained spiritual companion will listen intently, patiently, and confidentially as you share your sacred stories. Your spiritual companion will journey with you as you navigate through life's complexities and transitions, and be a trusted guide as you discover your inner wisdom. Spiritual companions do not offer counseling, advice, or problem solving. Rather, they accompany you as you explore your own spiritual path.

Why Spiritual Companionship?

Seeking God is a universal human quest - common to all ages and to all cultures. Growth in the quest for God happens when we pray with honest, authentic desire. The spiritual companion helps an individual to sort out the various desires in their life and to recognize and respond to their desire for God. Do you desire a compassionate, non-judging listener? Do you long to grow spiritually and communicate with God? Qualified spiritual companions can help you place yourself freely before God and reflect on your life experiences. Spiritual companions are often thought of as "trained listeners," or people who guide you to discover what is already within you.

Typically, spiritual companionship is one hour long and occurs monthly and/or during a directed retreat.

Suggested donation is \$50 per hour. If the donation is beyond your means, please request a scholarship. No one will be turned away because of the inability to pay.

Our Spiritual Companions



Kelly Lemens

lemensk@aplacetobesc.org



Ruth Hoenick

1raheducate@gmail.com

Please check out detailed biographies on each of our Spiritual Companions at www.aplacetobesc.org.

Spiritual Companionship Q & A

Tuesday, September 24th; 6:30 – 7:30 pm

Facilitators: Ruth Hoenick & Kelly Lemens

Cost: Free-will Donation

Seeking God is a universal human longing – in fact, our desire to connect with an infinite being is actually built into us. Spiritual companions offer intentional and compassionate presence where a seeker may explore these issues of deeper meaning and connection. Not a "casual friendship,"

Companions walk alongside anyone, regardless of expression, age, ethnicity, gender identity, orientation or outlook, who comes with whatever burdens they may bear and a desire to listen to the voice of the Spirit, that "voice of the genuine" within their heart.

Curious to learn more? Join us for a Q & A session. After a short presentation and mock session, Ruth & Kelly welcome questions, sharing their own experiences as pilgrims on this journey.

Friends of the Center

A Place to Be Spirituality Center relies on donations to keep our programs, retreats, and spiritual companioning affordable and accessible to all who seek support. With your support, we can continue offering life-changing programs and retreats to meet the spiritual needs of adults, offering hospitality, peace, hope, gentle care. Whether you've contributed in the past or are ready to make a first-time gift, would you consider making a monthly gift? Year-round, consistent support is vital to sustaining our ministry.

Friends of the Center is a monthly giving program that fits your budget. You decide the amount of your gift and authorize your bank to transfer that amount from your checking account directly to *A Place to Be* Spirituality Center. It's that easy! Not only is it convenient and safe, but your donation goes further by reducing administration, postage, and paper costs.

You can designate your gift to our scholarship fund or to our general donation fund. Either way, know that you are helping others on their path to connecting with God, meaning, and wholeness. Thank you for your generosity.

For more information and an enrollment form, visit www.aplacetobesc.org and click on *Support Us* button or call (262) 277-1928.

IMPORTANT INFORMATION

Registration Process

Please visit the *A Place to Be* Spirituality Center website at www.aplacetobesc.org to register for each session. The donation is required at the time of registration, If you would like to pay in installments or register by phone, please call (262) 277-1928 or send an email to information@aplacetobesc.org. We accept credit cards, personal checks and cash for all registrations not completed online. The donation must be made in full prior to the start of the program to be a confirmed participant.

Refund Policy

Cancellations made at least 48 hours before the start time of an event will qualify for a refund.

Registration Deadlines

Many programs/retreats have a registration deadline. This will help us make important decisions regarding the status of the program/retreat. Many programs fill quickly; early registration is recommended to guarantee placement. Prompt registration also help reduce the possibility that a program or retreat might be canceled due to insufficient enrollment, an issue that inconveniences both participants and presenters.

Scholarship Information

We honor and respect everyone in their search for spiritual healing, growth and renewal and will not turn anyone away because of inability to pay. Our scholarships are based on need and the type of program or retreat. We give scholarships to anyone who asks for financial assistance for spiritual direction and partial scholarships for programs or retreats. Please contact us for more detailed information about scholarships and payment options for specific retreats and programs.

Where to Find Us

A Place to Be Spirituality Center is located in Parkside Community UCC Church next to Grady Park on W. Dekora St. in Saukville.

Enter under the awning in the back of the church.

Hours of operation:

Monday - Thursday: 10:00 am - 6:00 pm

Other times by appointment.

Telephone: (262) 277-1928

Email: information@aplacetobesc.org

Website: www.aplacetobesc.org

Volunteer Opportunities

Volunteers are special people who make important things happen! *A Place to Be's* volunteers are essential to its mission and, without their generosity, could not exist. We are grateful for their help in the following areas:

- ◇ Presenters and facilitators
- ◇ Listeners
- ◇ Advisory board and committee members
- ◇ Hospitality helpers
- ◇ Gardeners
- ◇ Decorators for holidays and special events
- ◇ Volunteers in many capacities in the planning, preparation for and carrying out of an annual fundraising event.

If you would like to share in the work of *A Place to Be* Spirituality Center as a volunteer, we would welcome the gifts of your skills and service. Please contact Kelly Lemens at (262) 277-1928 or email lemensk@aplacetobesc.org.

Put your pots and pans away and DINE OUT for APTB!

Who doesn't love eating a delicious meal in an incredible community while supporting a great cause? Look for opportunities this fall to Dine Out for APTB!

Details will be posted on our website and social media pages as information becomes available.

Our Leadership Team



Dan Becker



Karen Becker



Barbara Bode



Bob Burant



Mark Goeden



Fr. Patrick Wendt

Our Staff



Kelly Lemens
Director



Jenny Mitchell
Marketing
Coordinator



THANK YOU!

Thank you!

Thank you!



WOW! We are overwhelmed with gratitude for all of the people who have been generous with their time and talents for our Cocktail Party Fundraiser and Art Regatta!

**Artists • Silent Auction Donors • Food Donors
Planning Team • Event Volunteers • Musicians**

An event of this scale is truly a team effort, and we could not put it together without such incredible support. Thank you for helping make it possible for us to continue providing programming for those searching for meaning, wholeness and the Divine.



Thank you!

Thank you!

Thank you!

Online Program Offerings

Facilitator: Varies

Donation: Varies

We are very excited to announce that some of our programs are now available ONLINE, and we are looking forward to expanding the offerings as new programs are introduced! Online programs will allow for those who cannot make it to our classroom discussions to learn at their own pace, whenever their schedules allow. Participants will have access to discussion questions that allow dialogue with both the discussion leader and other members of the class.

Current programs available online include:

A Journey Through the Bible

and

The Sacred Art of Fasting

with more to come!

Visit our website for more information and to register!



We would like to extend a heartfelt thank you to Bob Goebel and family

for generously opening their beautiful home to us for our first year of ministry to the Port Washington/Saukville area communities. It has been an amazing year with many successful programs and events, diverse prayer experiences and individuals finding their path toward God. In this space we were able to create a warm, welcoming, safe space for seekers and visitors alike, and because of this our ministry has grown exponentially. While we have outgrown our first home, we will always remain grateful for the time we have spent serving our community at the Goebel home. Thank you!

Calendar of Events

SEPTEMBER

Tues. 9/3	Bereavement Support, 6:30 p.m.	Wed. 9/11	Men's Scripture Study, 6:00 a.m.	Sun. 9/22	TMIY, 6:15 p.m.
Wed. 9/4	Men's Scripture Study, 6:00 a.m.		Spirituality Book Club, 6:30 p.m.	Mon. 9/23	Euchre Night, 6:00 pm
	Spirituality Book Club, 6:30 p.m.	Thurs. 9/12	Spirituality Book Club, 9:00 a.m.		Ed's Story, 6:30 p.m.
Thurs. 9/5	Spirituality Book Club, 9:00 a.m.	Sun. 9/15	TMIY, 6:15 p.m.	Tues. 9/24	Bible Basics, 10:00 a.m.
Fri. 9/6	Sacred Circle, 1:00 p.m.	Mon. 9/16	Ed's Story, 6:30 p.m.		Spiritual Comp. Q&A, 6:30 p.m.
	Fishes/Loaves Potluck, 5:30 pm	Tues. 9/17	Bereavement Support, 6:30 p.m.	Wed. 9/25	Men's Scripture Study, 6:00 a.m.
Mon. 9/9	Centering Prayer, 6:00 p.m.		End of Life Planning, 6:30 p.m.	Thurs. 9/26	Spirituality Book Club, 9:00 a.m.
	Ed's Story, 6:30 p.m.	Wed. 9/18	Men's Scripture Study, 6:00 a.m.	Fri. 9/27	Prayer & Praise Night, 7:00 p.m.
Tues. 9/10	Bible Basics, 10:00 a.m.		Spirituality Book Club, 6:30 p.m.	Sat. 9/28	Crystal Bowl Med, 9:00 a.m.
	Drumming Circle, 6:30 p.m.	Thurs. 9/19	Spirituality Book Club, 9:00 a.m.	Sun. 9/29	TMIY, 6:15 p.m.
			Jewish Holy Days, 6:00 p.m.	Mon. 9/30	Ed's Story, 6:30 p.m.
		Fri. 9/20	Friday Art Fun Night, 6:00 p.m.		

OCTOBER

Tues. 10/1	Bereavement Support, 6:30 p.m.	Thur 10/10	Spirituality Book Club, 9:00 a.m.	Mon. 10/21	Ed's Story, 6:30 p.m.
Wed. 10/2	Men's Scripture Study, 6:00 a.m.	Sun. 10/13	TMIY, 6:15 p.m.	Tues. 10/22	Bible Basics, 10:00 a.m.
	Spirituality Book Club, 6:30 p.m.	Mon. 10/14	Centering Prayer, 6:00 p.m.	Wed. 10/23	Men's Scripture Study, 6:00 a.m.
Thurs. 10/3	Spirituality Book Club, 9:00 a.m.		Ed's Story, 6:30 p.m.		Spirituality Book Club, 6:30 p.m.
	Universal Christ, 6:30 p.m.	Tues. 10/15	Bereavement Support, 6:30 p.m.	Thur 10/24	Spirituality Book Club, 9:00 a.m.
Fri. 10/4	Sacred Circle, 1:00 p.m.	Wed. 10/16	Men's Scripture Study, 6:00 a.m.	Fri. 10/25	Prayer & Praise Night, 7:00 p.m.
	Fishes/Loaves Potluck, 5:30 p.m.		Spirituality Book Club, 6:30 p.m.	Sat. 10/26	Welcome Retreat, 12:00 p.m.
Sun. 10/6	TMIY, 6:15 p.m.	Thur 10/17	Spirituality Book Club, 9:00 a.m.	Sun. 10/27	TMIY, 6:15 p.m.
Mon. 10/7	Ed's Story, 6:30 p.m.		Universal Christ, 6:30 p.m.	Mon. 10/28	Euchre Card Night
Tues. 10/8	Bible Basics, 10:00 a.m.	Fri. 10/18	Friday Art Fun Night, 6:00 p.m.	Wed. 10/30	Men's Scripture Study, 6:00 a.m.
	Drumming Circle, 6:30 p.m.	Sat. 10/19	Tree of Life Retreat, 9:00 a.m.		Spirituality Book Club, 6:30 p.m.
Wed. 10/9	Men's Scripture Study, 6:00 a.m.	Sun. 10/20	TMIY, 6:15 p.m.	Thur 10/31	Spirituality Book Club, 9:00 a.m.
	Spirituality Book Club, 6:30 p.m.				

NOVEMBER

Fri. 11/1	Sacred Circle, 1:00 p.m.	Mon. 11/11	Centering Prayer, 6:00 p.m.	Tues. 11/19	Bereavement Support, 6:30 p.m.
Sat. 11/2	Essential Oils Wkshp, 9:00 a.m.		Basics (Francis Chan), 6:30 p.m.	Wed. 11/20	Men's Scripture Study, 6:00 a.m.
Sun. 11/3	TMIY, 6:15 p.m.	Tues. 11/12	Bible Basics, 10:00 a.m.		Spirituality Book Club, 6:30 p.m.
Mon. 11/4	Basics (Francis Chan), 6:30 p.m.		Drumming Circle, 6:30 p.m.	Thur 11/21	Spirituality Book Club, 9:00 a.m.
Tues. 11/5	Bible Basics, 10:00 a.m.	Wed. 11/13	Men's Scripture Study, 6:00 a.m.		Universal Christ, 6:30 p.m.
Wed. 11/6	Men's Scripture Study, 6:00 a.m.		Spirituality Book Club, 6:30 p.m.	Fri. 11/22	Prayer & Praise Night, 7:00 p.m.
	Spirituality Book Club, 6:30 p.m.	Thur 11/14	Spirituality Book Club, 9:00 a.m.	Sat. 11/23	Reflexology Workshop, 9:00 a.m.
Thurs. 11/7	Spirituality Book Club, 9:00 a.m.	Fri. 11/15	Friday Art Fun Night, 6:00 p.m.	Sun. 11/24	Christmas Open Hs, 11:00 a.m.
	Universal Christ, 6:30 p.m.	Sat. 11/16	Crystal Bowl Med, 9:00 a.m.		TMIY, 6:15 p.m.
Sat. 11/9	Antler Basket Wkshp, 9:00 a.m.		Gifts Given/Received, 10:00 a.m.	Mon. 11/25	Euchre Card Night, 6:00 p.m.
Sun. 11/10	TMIY, 6:15 p.m.	Sun. 11/17	TMIY, 6:15 p.m.		Basics (Francis Chan), 6:30 p.m.
		Mon. 11/18	Basics (Francis Chan) 6:30 p.m.	Wed. 11/27	Men's Scripture Study, 6:00 a.m.

DECEMBER

Mon. 12/2	Basics (Francis Chan), 6:30 p.m.	Sun. 12/8	TMIY, 6:15 p.m.	Sun. 12/15	TMIY, 6:15 p.m.
Tues. 12/3	Bereavement Support, 6:30 p.m.	Mon. 12/9	Centering Prayer, 6:00 p.m.	Mon. 12/16	Basics (Francis Chan), 6:30 p.m.
Wed. 12/4	Men's Scripture Study, 6:00 a.m.		Basics (Francis Chan), 6:30 p.m.	Tues. 12/17	Bereavement Support, 6:30 p.m.
	Spirituality Book Club, 6:30 p.m.	Tues. 12/10	Drumming Circle, 6:30 p.m.	Wed. 12/18	Men's Scripture Study, 6:00 a.m.
Thurs. 12/5	Spirituality Book Club, 9:00 a.m.	Wed. 12/11	Men's Scripture Study, 6:00 a.m.		Spirituality Book Club, 6:30 p.m.
	Universal Christ, 6:30 p.m.		Spirituality Book Club, 6:30 p.m.	Thur 12/19	Spirituality Book Club, 9:00 a.m.
Fri. 12/6	Sacred Circle, 1:00 p.m.	Thur 12/12	Spirituality Book Club, 9:00 a.m.	Fri. 12/20	Friday Art Fun Night, 6:00 p.m.
	Fishes/Loaves Potluck, 5:30 p.m.		Universal Christ, 6:30 p.m.		
Sat. 12/7	Advent Day of Reflect, 9:00 a.m.				



When we join together in community, amazing things happen! This summer we were fortunate to collaborate with faith leaders to host a series of inspirational ecumenical worship services by our lakefront! Blessed with beautiful weather and guests from a variety of faith communities as well as visitors to Port Washington, we came together in

prayer, love and unity. A free-will offering was collected at each service to benefit the Ozaukee County Chapter of Great Lakes Sport Fisherman to help contribute to their efforts to purchase a fishing trailer for disabled vets. We would like to thank all of those who contributed to the success of these services, especially Pastor Kelly Neiman-Anderson from Christ The King/Living Hope ELCA Churches, Pastor Janet Hartzell from Grand Avenue United Methodist Church and Reverend Michele Freeman from Parkside United Church of Christ. Additionally, we would like to thank our gifted musicians, Paul Hoffman, Joseph Georgeson and Debra Gilbertson for sharing their musical gifts with us.

We are looking forward to our last Worship by the Water service, which will be held on Saturday, August 24 at 5:00 p.m., north of the Harbor Office, next to Newport Shores. All are welcome to join us - we hope to see you there!

For more information about worship services hosted by local faith communities year-round, visit: www.aplacetobesc.org/localworshipservices.html

..... *Finding Spirituality in All Things*



Explore how Jewish tradition is the basis for how many Christians celebrate their faith today at **Repentance Through a Rabbi's Eyes** with Rabbi Avremi Schapiro. More information on page 5.

Be inspired by Ed Dobson in **Ed's Story**. This film series of hope features his wisdom and outlook as he journeys through his battle with ALS. More information on page 5.



Join us for a day of reflecting on our own Advent light as we create our own ceramic candleholders to hold the Light of the World at **Advent Day of Reflection**. More information on page 9.

Weave your own unique antler basket and delve further into Native American spirituality while developing a more profound sense of our own spiritual relationships at **Antler Basket Weaving**. More information on page 9.



We are moving!



As our ministry expands, so must our space! We are looking forward to serving you at our **NEW LOCATION** in Saukville! Effective September 1, we will be sharing space with other ecumenical community programs in the Parkside United Church of Christ building.

Our new address is: 166 W. Dekora St · Saukville, WI

Phone: 262-277-1928

Hours: M-Th 10-6:30 & additional times by appointment.

We look forward to seeing you in Saukville!

(Mailing Address: 1800 N. Wisconsin St. · Port Washington, WI 53074)

We are looking forward to being able to offer a serene outdoor space for quiet contemplation! Eagle Scout Thomas Esselman is sharing his time and talent with A Place to Be by building a labyrinth of his own design for our guests. Once it is in place, visitors will be able to walk, pray and meditate in our labyrinth any time! Stop by this fall to check out the progress and walk the spiritual path for yourself!

In addition to planning and completing their projects, Eagle Scouts also raise the funds themselves to bring their vision to fruition. If you would like to help support Thomas financially in this endeavor, he has set up a GoFundMe page:

<https://www.gofundme.com/f/58fpp7-eagle-scout-project>



Join us for a variety of communal **Prayer & Meditation** opportunities, featured on pages 10-11, including:

Prayer & Praise Nights

4th Friday of every month, 7:00-8:30 p.m.

Worship Music
Peace · Prayer · Praise
Faith Sharing
Fellowship



Community Connections:

LIVE UNITED STONE SOUP EVENT



**Saturday, October 5,
10:00 a.m.-12:00 p.m.
Parkside Community UCC**

Help United Way build and package meals for Family Sharing of Ozaukee, Saukville Food Pantry, & Advocates of Ozaukee. Volunteers package, label, and box the meals up for distribution to the clients. Once the meals are packaged we will all sit down and break bread together.

For more information contact Barbara Bates-Nelson, 248-613-7855, uwno@sbcglobal.net.

For information about community events, visit: www.aplacetobesc.org/calendar-of-events.html