



A Place to Be

Spirituality Center

January-March 2020

Newsletter

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Last Fall, I had the opportunity to attend a day-long retreat with Marabai Starr, Jewish author and translator of the *Mystics*. Through contemplation, writing and reflection, Marabai invited us into a deep connection with the Sacred Feminine.

For me, the day opened up a longing within that had only whispered to me before, a longing so present in our world today. This deep desire for feminine wisdom and compassion, patience and understanding, subtly imbues our daily interactions at work, conversations about world politics and debates over the environment, in families as they struggle with conflicting schedules, missed family time and strained relationships. This winter, we invite you to slow down, nestle into the winter stillness and explore this deeper desire through many of our retreats and programs: *The Power of the Sabbath, 2020: Hindsight or a Vision for the Future, Praying with Beads, Mother/Daughter Retreat* and our *Lenten Day of Reflection*. We join others experiencing times of struggle in our *Exploring Prayer in 12 Step Recovery, Evicted* Book Study, and *My Sorrow is Your Sorrow* Lenten Book Study. We also introduce new ministries and service opportunities to honor those silent warriors among us through our *Coffee Ministry* and *Community Outreach Retreat: Serving Those Who Serve Us*. Connecting with both the Sacred Feminine and each other, I hope you find opportunities to join us.

I also am deeply grateful for the relationship we have with our Ecumenical partners in the community. In addition to collaborating on an Ecumenical Thanksgiving Prayer Service and a Lenten Retreat with Lighthouse Youth Ministries, we continue planning ecumenical worship services, book studies and other retreat opportunities to offer. Stay tuned for more engaging, reflective and fun collaborative events!

I hope you savor the wonderful offerings in this Winter newsletter and look forward to seeing you soon!

Wishing you peace and all good,

Kelly

COVER ART: Photo taken by Phil Block, a talented and accomplished photographer and good friend of *A Place to Be*. Phil is a retired corporate trainer and experienced small group leader in area faith communities.

Phil will be leading *The Life You've Always Wanted* (p. 2)

Welcome!

Our mission:

A Place to Be is sacred space that welcomes everyone. Rooted in Christian values and led by the Holy Spirit, we are dedicated to supporting anyone in their search for meaning, wholeness, and the Divine.

We believe:

- ◇ In each of us dwells the Sacred.
- ◇ We need each other to recognize and honor that part of ourselves.
- ◇ As we grow in holiness, we contribute to bringing God's presence into our world.

Core Values:

- ◇ Sacredness: We believe in every person and all creation dwells the indwelling Spirit.
- ◇ Respect: Acknowledge the dignity, diversity, and worth of each person as a unique image of God.
- ◇ Community: Through prayer, empathy, listening and sharing, we create a safe, nonjudgmental, peaceful place.
- ◇ Hospitality: Welcome all with compassion, acceptance, and celebration.
- ◇ Professionalism: Commit to competence, quality, trust, and personal spiritual development.

Physical address: 166 W. Dekora St. Saukville, WI
Inside the Parkside Community UCC Church Building

Mailing address:

1800 N. Wisconsin St. Port Washington, WI 53074

Phone: (262) 277-1928

Website: www.aplacetobesc.org

Email: information@aplacetobesc.org

Facebook: www.facebook.com/aplacetobesc

Instagram: [aplacetobesc](https://www.instagram.com/aplacetobesc)

Spiritual Living & Support

Bereavement Support

Every 1st and 3rd Tuesday

6:30-7:30 pm

Facilitators: Kelly Lemens

Donation: Free-will offering

The journey through grief is not easy. There is help along the way - it can come from those around you, like family and friends, or others who have experienced grief before you. You'll have the opportunity to process your own unique experience while receiving the comfort and support from others who have personally experienced loss.



The Life You've Always Wanted

By John Ortberg

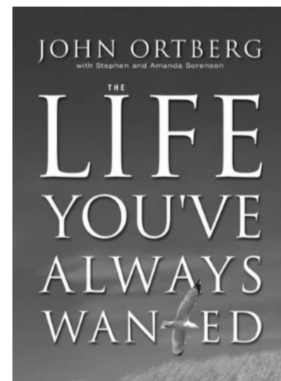
Thursdays 6:30 pm-8:00 pm

January 23 through March 5

Facilitator: Phil Block

Donation: \$15

Participant book (not required):
additional \$10



Do you feel like there is more to Christianity than what you've experienced? What does true spiritual life really look like?

What keeps you from living such a life?

Join us as we explore the ancient path of spiritual disciplines that lead to transformation. Each session will begin with a short dvd presentation followed by group discussion.

Spiritual Companionship for Educators – Information Meeting

**Better than a thousand days of diligent study is one day with a great teacher.
Your presence and mindfulness may be what you & your students need.**

Spiritual companionship is the process of sharing one's sacred stories with a trained, compassionate listener. It can be helpful to anyone seeking spiritual growth, healing, or a deeper connection with the Divine and others. It is a time-honored practice of compassionate, non-judgmental listening to another in a safe setting where what is shared is held with reverence and confidentiality.

So why one on one or a group for educators? The teaching profession is demanding. Educators are challenged to balance life tasks, teaching, and family. There are the conundrums of today's classroom. Whether a teacher in a private or public school, bringing spiritual practices to our teaching can soften the days troubles. It can support us in dealing with students, parents and colleagues.

Whether one on one, or in a group, seeking counsel with a spiritual companion can put delight, pleasure, and gifts into your day. This informational meeting may help you better understand how spiritual practices dovetail with a life as an educator.

Wednesday, March 4, 4:00-5:00 pm

Facilitator: Ruth Hoenick

Donation: Free-will offering

Spiritual Living & Support

Spirituality Book Clubs

Wednesdays, 6:30-8:00 pm **or** Thursdays, 9:30-11:00 am

Facilitator: Kelly Lemens

Donation: Varies by selection



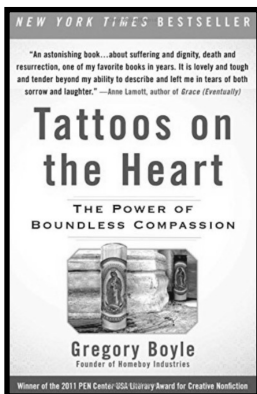
These groups provides encouragement and fellowship for anyone looking to delve deeper into different areas of Spirituality. Join other seekers in studying a faith topic using a variety of genres followed by reflection, discussion, and prayer.

Winter book selections listed below:

Tattoos on the Heart: The Power of Boundless Compassion

Thursdays, 9:15-10:45 am; January 9-March 5

Donation: \$15 (includes book)



For 20 years, Gregory Boyle has run Homeboy Industries, a gang-intervention program located in the Boyle Heights neighborhood of Los Angeles, the gang capital of the world. In *Tattoos on the Heart*, he distills his experience working in the ghetto into a breathtaking series of parables inspired by faith. Arranged by theme and filled with

sparkling humor and glowing generosity, these essays offer a stirring look at how full our lives could be if we could find the joy in loving others and in being loved unconditionally. In each chapter we benefit from Boyle's gentle, hard-earned wisdom. These essays about universal kinship and redemption are moving examples of the power of unconditional love and the importance of fighting despair.

Gorgeous and uplifting, *Tattoos on the Heart* reminds us that no life is less valuable than another.

Wednesday book - Stay tuned!

Wednesdays, 6:30-8:00 p.m.; Beginning January 8

Our Wednesday group is deliberating about their next book. Check back on our website or Facebook page for more information!

Online Program Offerings

Facilitator: Varies

Donation: Varies

Online programs allow for those who cannot make it to our classroom discussions to learn at their own pace, whenever their schedules allow. Participants will have access to discussion questions that allow dialogue with both the discussion leader and other members of the class.

Current programs available online include:

A Journey Through the Bible

and

The Sacred Art of Fast-

ing with more to come!



Visit our website for more information and to register!

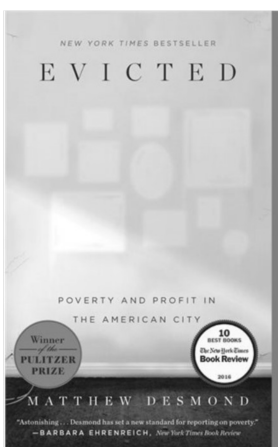
Social Justice Book Series: Evicted

Tuesdays, January 14-March 3

10:00-11:30 a.m.

Donation: \$15 (Includes book)

Facilitator: Kelly Lemens



In *Evicted*, Princeton sociologist and MacArthur “Genius” Matthew Desmond follows eight families in Milwaukee as they each struggle to keep a roof over their heads. Hailed as “wrenching and revelatory” (*The Nation*), “vivid and unsettling” (*New York Review of*

Books), *Evicted* transforms our understanding of poverty and economic exploitation while providing fresh ideas for solving one of twenty-first-century America’s most devastating problems. Its unforgettable scenes of hope and loss remind us of the centrality of home, without which nothing else is possible.

Join us as we read this eye-opening book and discuss poverty, the systems that hold the marginalized back, and what we as individuals can do to combat this.

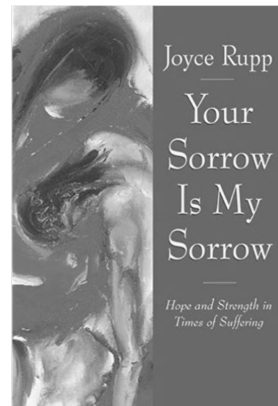
Lenten Book Study: Your Sorrow is My Sorrow

Mondays, February 24-April 6

9:00-10:30 a.m.

Donation: \$20 (Includes book)

Facilitator: Kelly Lemens



The painful pieces of Mary’s life help us to get through our own rough-edged moments. She, too, questioned what was confusing and unclear, needed others to be with her in her pain, and reflected on experiences to find meaning. How did she endure? What gave her strength?

With the exquisite prose and poetry that has always graced her writing, Joyce Rupp mines the multiple meanings of important images in the Bible. Included are: the prophecy of Simeon, the flight into Egypt, Jesus lost in the temple, Mary seeing Jesus carrying the cross, Mary at the foot of the cross, Mary receiving Jesus' dead body, and Jesus being laid in the tomb.

Join us in this 7-week study as we discover how Mary walks with us in what is most difficult in our lives.

Spiritual Resource Library - *NEW TITLES Available!*

Our library features a variety of books, cd’s and dvd’s on a multitude of topics, available to check out, to foster personal and spiritual well being.

As we are expanding our library, if you have spiritual books that you would like to give a new home, we are accepting donations. If they do not fit in our library, we will pass donations along to St. Vincent de Paul.



Spiritual Living & Support



Day of Solitude

Based upon availability

Facilitator: Kelly Lemens

Donation: \$35, includes optional spiritual companioning session and simple meal

Yearning for a day to unplug and pause from the demands of life? You are invited to spend a day of solitude at the Center where you are given permission to simply BE. Solitude offers a place to listen to and rest in God. Choose a day that works for you. Begin and end the day with prayer with a Spiritual Companion. You will be offered a private, comfortable room and a simple meal. Options include attending Daily Prayer, using our art supplies, enjoying a walk, and meeting with Kelly Lemens, Spiritual Companion, if you wish.

Financial Peace

Begins Monday,
January 27th,
6:30 – 8:00 pm

Donation: \$15 (does not include Toolkit)

Facilitator: Kelly Lemens

Tool kit suggested but not required. Check it out at <https://fpu.com/1052972>.



FINANCIAL PEACE – is that a dream for you and your family? How would your life be different if you were 100% debt-free? If your financial situation is not getting you where you dream of being, there is help. In just 9 weeks, Dave Ramsey's *Financial Peace University* gives tools and resources to save money and get out of debt. Money matters; return to God's way of handling money by following an easy-to-learn, practical step-by-step way.

We took the FPU class last January and it was the best thing we ever did! We learned the value of having a budget and were able to pay off over \$14,000 in debt our first year. We are on our way to becoming debt free!!

~ Dan and Diane

Join us and begin your journey to financial freedom!

Healing Hands, by appointment

Practitioner: Maria Giordano, HCT

Donation: \$55 for a one-hour session

Hands on healing is a complementary healing technique for stress-reduction and relaxation to improve health and well-being. Hands on healing combines deep breathing, meditation, and light touch to bring balance to your body, mind, and spirit. Benefits include: releases stress and pain, calms anxiety and depression, enhances the immune system, improves sleep patterns, and maintains health. Contact Maria book an appointment at mariag@healinghandsenergy.com.



Retreats

The Power of the Sabbath

Thursday, January 16, 6:30 – 9:00 pm

Donation: \$25, includes supplies

Facilitators: Jenny Mitchell and Kelly Lemens



Winter can sometimes feel like it's been forced upon us; sudden snowstorms, icy roads and cold temperatures stir longings of hot tea, brownies and a good book. Instead, life's hustle and bustle beckons us onward.

Yet all the spiritual traditions incorporate a period of rest and restoration in their tradition, a time for family, friends and the Divine. In the Jewish and Christian tradition, this is referred to as the Sabbath. What would it be like for us to slow down and surrender to the call for Sabbath time, to pause, to give in, to the stillness of the season? What would it be like to stop and listen to what the dormant landscape wants to tell us? Join us as we explore Sabbath moments in our lives and connect with nature, even in its dormancy. The retreat day will include individual reflection, small group discussion and the creation of a beautiful painting incorporating seasonal items from nature.

If you see something that you would like to participate in and cannot afford to pay the full donation price, please contact Kelly Lemens,

Director, at 262-277-1928 or email lemensk@aplacetobesc.org.

We are committed to serving everyone on their spiritual journey and will keep your request in confidence.

Exploring Prayer in 12 Step Recovery

Saturday, January 25

9:00 am – 3:00 pm

Cost: \$50, includes lunch

Facilitator: Ruth Hoenick



Prayer is a connection with a Higher Power that can be expressed in many ways. Spirituality and prayer can be a challenge for those in recovery from alcoholism, addiction and trauma as well as their family members. During this retreat day, participants will explore how to strengthen their relationship with a greater power with new types of prayer. We will examine ways of sharing thoughts and feelings through prayers for help, expressing gratitude and finding inspiration by delving into prayers of poetry, songs and art. All who want to explore prayer, those involved in any 12 step program and their family members, and those who are spiritual companions to seekers in



Join us as we celebrate Passover alongside our Jewish friends with a Seder Meal. Once the details are set we will have more information on our website!

Retreats

2020: Hindsight or a Vision for the Future?

Saturday, February 1, 9 am – 3 pm

Donation: \$50, includes lunch and art supplies

Facilitators: Jenny Mitchell and Kelly Lemens



Welcome to the year 2020! The expression “2020” is often used in two ways. “Hindsight is 2020” implies that when we look back on the events of our lives, we can see where we went right and where we went wrong. “2020 vision” is a metaphor for planning for the future. Join us as we walk down memory lane and reflect, with hindsight, on the essentials of our lives. What has been most helpful? What is no longer useful and needs to be let go? What are we invited to grow into in order to cultivate peace and happiness in our lives? As we cultivate a “2020 vision” for the coming year, participants will create a beautiful dot painting expressing their vision for the year.

Prayer & Praise Worship Nights

4th Friday of every month, 7:00-8:30 p.m.

Join us for an evening of Prayer & Praise! Gathering begins at 6:30 p.m. with worship to follow. The evening will begin with praise & worship music by contemporary artists such as Chris Tomlin, Mercy Me, & Casting Crowns. We will reflect on a Gospel passage, offer our intentions and share a sign of peace. After, stay for refreshments and fellowship. A non-denominational worship event, folks from all spiritual paths are invited – **all are welcome! No registration necessary.**

Community Outreach Retreat:

Serving Those

Who Served

For Us



Tuesday, February 25,

6:00-8:00 p.m.

Donation: Free-will offering

Facilitators: Jenny Mitchell and Kelly Lemens

What can we do to help the veterans living locally and beyond? What needs are most pressing for members our veteran community? There are a variety of organizations that claim to serve our vets, but how do we know which ones will use our contributions most effectively? Join us as we learn about ways that we can support and serve those who have served for our country. We will have stations set up with projects to create messages and gifts for veterans, which will be donated to the Stars & Stripes Honor Flight of Wisconsin.

Families and those of all ages are encouraged to attend; children must be accompanied by a parent.



Praying with Beads



Saturday, March 7, 9:00 am-12:00 pm

Donation: \$25

Facilitators: Jenny Mitchell and Kelly Lemens

Prayer beads have been utilized in almost all spiritual traditions throughout the centuries. Used to help break through the usual noise and distractions, prayer beads help us slow down and quiet ourselves so we can listen to the Divine. Join us as we explore mind/body/soul ways to pray the beads and transform our prayer life. Through sharing and reflection, participants will create their own set of prayer beads and be encouraged to hold their own lives in their hands in gratitude and awe as they incorporate the prayer beads in their own prayer practice.

Mother/Daughter Retreat

Saturday, March 14, 9:30 a.m.-4:00 p.m. (Join us early for our Coffee Ministry with the Food Pantry guests)

Donation: \$50, includes lunch and art supplies

Facilitators: Jenny Mitchell and Kelly Lemens



Mothers and daughters share a special bond. There is something beautiful and unique about the Mother-Daughter relationship. What better way to celebrate it than with a fun Mother-Daughter retreat! Join us for a special day of prayer, storytelling, games, art and more! This retreat is intended for middle-school girls along with their Mom, Grandma or other significant woman in their lives.

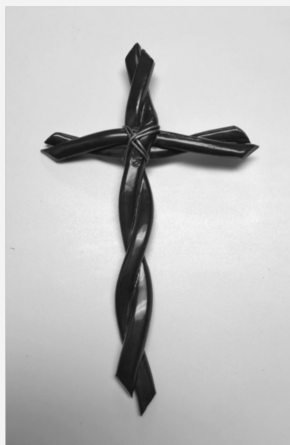
Lent Day of Reflection

Saturday, March 21, 9:00 am-12:00 pm

Donation: \$25, includes supplies

Facilitators: Barb Dickmann and Kelly Lemens

Lent is a special time in the life of a Christian, a time to step away from the busy-ness of life, to focus our awareness on Jesus and the invitation before us. Join us for a morning of prayer, reflection and sharing as we then shape our Lenten intentions into a beautiful clay cross.



Contemplative Practices

Contemplation is simply resting in Divine love. It is a way of placing ourselves in the presence of the Divine and opening ourselves to the Divine's presence and action. Rather than resist or reject all the mind's activity, contemplation helps us disengage from or not be distracted by active thoughts through various forms of focus or mental discipline. Most Christian and non-Christian traditions promote some form of contemplation, such as Prayer of Faith, Prayer of the Heart, Pure Prayer, Prayer of Simplicity, Prayer of Simple Regard, Active Recollection, Active Quiet, Mindfulness Meditation, and Acquired Contemplation. A Place To Be actively practices the following. We hope you will join us!

Monthly Drumming Circle

2nd Tuesday of the month, 6:30-8:00 pm

Facilitator: Varies

Donation:

Free-will offering



Hand drumming is an ancient art used in many cultures. The music of drums creates a conduit to the Divine. Drumming is an opportunity to experience worship with our bodies as well as our minds. Join us for this monthly evening of drumming and discover inner strength and encouragement by those sharing the experience. Bring a drum of your own or use one of ours. No experience is necessary. All are welcome!

No registration necessary.

Contemplative Practice

2nd Monday of the Month, 6:00-6:30 pm

Facilitator: Varies

Donation: Free-will offering

Centering prayer is a receptive method of prayer, one of resting in God's presence so that one experiences God's presence within. The focus is on deepening one's relationship with the living Christ. Different from active modes of prayer - verbal, mental, or affective prayer - centering prayer is done in silence which emphasizes prayer as a



personal relationship with God and as a movement beyond conversation with Christ to communion with Christ.



Crystal Singing Bowl Meditation

Saturdays, Jan 11, Feb 8, Mar 28, 9:30 - 10:30 am

Facilitator: Maria Giordano

Donation: \$15

Crystal singing bowl meditation integrates the healing vibrational sound of crystal bowls with the transformative energy of crystals and stress reduction. It will calm your soul, balance your energy flow. The vibrations of sound can create a state of relaxation and tranquility deep within. They can also stir and release blocked energy, pain, anxiety and emotions and take you to a place of greater self-awareness. Come, join us and feel the presence of God.

Sacred Circle

First Fridays, 1:00-3:00 p.m.

Facilitator: Kelly Lemens

Donation: Free-will offering

Sacred Circle is for anyone desiring a deepening in awareness of themselves and the Divine, the opportunity to explore their own inner territory, and dialogue with other seekers about the journey. Through contemplation and compassionate dialogue, Sacred Circle provides space for compassionate listening, both to our inner selves and to others, in a way that restores our sense of self and the Divine. No registration necessary.



Socials

Community Euchre Nights

Fridays: Jan. 27, Feb. 24, Mar. 23, 6:00-8:00 p.m.

Facilitators: Jenny & Kenny Mitchell

Donation: Free-will offering

Join us for a fun, social evening of snacks, fellowship and cards at A Place to Be Spirituality Center! Whether you are a Euchre pro, novice, or just want to learn a new game, please join us. All are welcome! This is a free-will offering social event. Come learn, play, and enjoy an evening of cards with us! Please contact Jenny Mitchell with any questions: mitchellj@aplacetobesc.org, 414-339-0561.

No registration needed.



Friday Art Fun Nights

Fridays: Jan. 17, Feb. 21, Mar. 20, 6:00-8:00 p.m.

Facilitators: Varies

Donation: \$15/session

TGIF! At the end of the week, don't we all deserve to relax, enjoy amazing company, and let our creativity shine? Join us for our Friday Art Fun Nights, where we welcome guests to participate in an evening of art and refreshments. Each month we will feature an instructor-led art project with supplies on hand for anybody who would like to join us in creativity and friendship. Whether you are a seasoned artist or have no art experience, we would love to welcome you for socialization and self expression at our Friday Art Fun Nights!

Registration requested so we can make sure we have enough supplies.



Fishes & Loaves Potluck & Game Night

Fridays: Jan. 3, Feb. 7, Mar. 6, 5:30 - 9:00 pm

Donation: Free-will offering

Join us for food, fellowship, and friendship. Bring a friend, a dish to pass, or yourself for a potluck supper with the A Place to Be community. No registration necessary.

Spiritual Companionship

Spiritual companionship is the process of sharing one's sacred stories with a trained, compassionate listener. It can be helpful to anyone seeking spiritual growth, healing, or a deeper connection with God and others. It is a time-honored practice of compassionate, non-judgmental listening to another in a safe setting where what is shared is held with reverence and confidentiality.

A trained spiritual companion will listen intently, patiently, and confidentially as you share your sacred stories. Your spiritual companion will journey with you as you navigate through life's complexities and transitions, and be a trusted guide as you discover your inner wisdom. Spiritual companions do not offer counseling, advice, or problem solving. Rather, they accompany you as you explore your own spiritual path.

Why Spiritual Companionship?

Seeking God is a universal human quest - common to all ages and to all cultures. Growth in the quest for God happens when we pray with honest, authentic desire. The spiritual companion helps an individual to sort out the various desires in their life and to recognize and respond to their desire for God. Do you desire a compassionate, non-judging listener? Do you long to grow spiritually and communicate with God? Qualified spiritual companions can help you place yourself freely before God and reflect on your life experiences. Spiritual companions are often thought of as "trained listeners," or people who guide you to discover what is already within you.

Typically, spiritual companionship is one hour long and occurs monthly and/or during a directed retreat.

Suggested donation is \$50 per hour. If the donation is beyond your means, please request a scholarship. No one will be turned away because of the inability to pay.

Our Spiritual Companions



Kelly Lemens

lemensk@aplacetobesc.org



Ruth Hoenick

1raheducate@gmail.com

Please check out detailed biographies on each of our Spiritual Companions at www.aplacetobesc.org.

Spiritual Companionship for Educators – Information Meeting

Better than a thousand days of diligent study is one day with a great teacher. Your presence and mindfulness may be what you & your students need.

Wednesday, March 4, 4:00-5:00 pm

Facilitator: Ruth Hoenick

Donation: Free-will offering

More information on Page 2
or on our website:
www.aplacetobesc.org

Friends of the Center

A Place to Be Spirituality Center relies on donations to keep our programs, retreats, and spiritual companioning affordable and accessible to all who seek support. With your support, we can continue offering life-changing programs and retreats to meet the spiritual needs of adults, offering hospitality, peace, hope, gentle care. Whether you've contributed in the past or are ready to make a first-time gift, would you consider making a monthly gift? Year-round, consistent support is vital to sustaining our ministry.

Friends of the Center is a monthly giving program that fits your budget. You decide the amount of your gift and authorize your bank to transfer that amount from your checking account directly to *A Place to Be* Spirituality Center. It's that easy! Not only is it convenient and safe, but your donation goes further by reducing administration, postage, and paper costs.

You can designate your gift to our scholarship fund or to our general donation fund. Either way, know that you are helping others on their path to connecting with God, meaning, and wholeness. Thank you for your generosity.

For more information and an enrollment form, visit www.aplacetobesc.org and click on *Support Us* button or call (262) 277-1928.

IMPORTANT INFORMATION

Registration Process

Please visit the *A Place to Be* Spirituality Center website at www.aplacetobesc.org to register for each session. The donation is required at the time of registration, If you would like to pay in installments or register by phone, please call (262) 277-1928 or send an email to information@aplacetobesc.org. We accept credit cards, personal checks and cash for all registrations not completed online. The donation must be made in full prior to the start of the program to be a confirmed participant.

Refund Policy

Cancellations made at least 48 hours before the start time of an event will qualify for a refund.

Registration Deadlines

Many programs/retreats have a registration deadline. This will help us make important decisions regarding the status of the program/retreat. Many programs fill quickly; early registration is recommended to guarantee placement. Prompt registration also help reduce the possibility that a program or retreat might be canceled due to insufficient enrollment, an issue that inconveniences both participants and presenters.

Scholarship Information

We honor and respect everyone in their search for spiritual healing, growth and renewal and will not turn anyone away because of inability to pay. Our scholarships are based on need and the type of program or retreat. We give scholarships to anyone who asks for financial assistance for spiritual direction and partial scholarships for programs or retreats. Please contact us for more detailed information about scholarships and payment options for specific retreats and programs.

Where to Find Us

A Place to Be Spirituality Center is located in Parkside Community UCC Church next to Grady Park on W. Dekora St. in Saukville.

Enter under the awning in the back of the church.

Hours of operation:

Monday - Thursday: 10:00 am - 6:00 pm

Other times by appointment.

Telephone: (262) 277-1928

Email: information@aplacetobesc.org

Website: www.aplacetobesc.org

Volunteer Opportunities

Volunteers are special people who make important things happen! *A Place to Be's* volunteers are essential to its mission and, without their generosity, could not exist. We are grateful for their help in the following areas:

- ◇ Presenters and facilitators
- ◇ Listeners
- ◇ Advisory board and committee members
- ◇ Hospitality helpers
- ◇ Gardeners
- ◇ Decorators for holidays and special events
- ◇ Volunteers in many capacities in the planning, preparation for and carrying out of an annual fundraising event.

If you would like to share in the work of *A Place to Be* Spirituality Center as a volunteer, we would welcome the gifts of your skills and service. Please contact Kelly Lemens at (262) 277-1928 or email lemensk@aplacetobesc.org.

Put your pots and pans away and DINE OUT for APTB!

Who doesn't love eating a delicious meal in an incredible community while supporting a great cause? Look for opportunities this fall to
Dine Out for APTB!

Details will be posted on our website and social media pages as information becomes available.

Our Leadership Team



Dan Becker



Karen Becker



Barbara Bode



Bob Burant



Barb Dickmann



Mark Goeden



Fr. Patrick Wendt

Our Staff



Kelly Lemens
Director



Jenny Mitchell
Marketing Coordinator

Calendar of Events

JANUARY

- | | | | | | |
|------------|--|-------------|--|-------------|---|
| Fri. 1/3 | Sacred Circle, 1:00 p.m.
Fishes/Loaves Potluck, 5:30 p.m. | Wed. 1/15 | Spirituality Book Club, 6:30 p.m. | Fri. 1/24 | Prayer & Praise Night, 7:00 p.m. |
| Tues. 1/7 | Bereavement Support, 6:30 p.m. | Thurs. 1/16 | Spirituality Book Club, 9:15 a.m.
Sabbath Retreat, 6:30 p.m. | Sat. 1/25 | Coffee Ministry, 7:30 a.m.
Pray Through 12 Step, 9:00 a.m. |
| Wed. 1/8 | Spirituality Book Club, 6:30 p.m. | Fri. 1/17 | Friday Art Fun Night, 6:30 p.m. | Mon. 1/27 | Euchre Card Night, 6:00 p.m.
Financial Peace, 6:30 p.m. |
| Thurs. 1/9 | Spirituality Book Club, 9:15 a.m. | Tues. 1/21 | Evicted Book Study, 10:00 a.m.
Bereavement Support, 6:30 p.m. | Tues. 1/28 | Evicted Book Study, 10:00 a.m. |
| Sat. 1/11 | Coffee Ministry, 7:30 a.m.
Crystal Bowl Med, 9:30 a.m. | Wed. 1/22 | Spirituality Book Club, 6:30 p.m. | Wed. 1/29 | Spirituality Book Club, 6:30 p.m. |
| Mon. 1/13 | Contemplative Pract, 6:00 p.m. | Thurs. 1/23 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. | Thurs. 1/30 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. |
| Tues. 1/14 | Evicted Book Study, 10:00 a.m.
Drumming Circle, 6:30 p.m. | | | | |

FEBRUARY

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| Sat. 2/1 | 20/20 Retreat, 9:00 a.m. | Tues. 2/11 | Evicted Book Study, 10:00 a.m.
Drumming Circle, 6:30 p.m. | Fri. 2/21 | Friday Art Fun Night, 6:30 p.m. |
| Mon. 2/3 | Financial Peace, 6:30 p.m. | Wed. 2/12 | Spirituality Book Club, 6:30 p.m. | Sat. 2/22 | Coffee Ministry, 7:30 a.m. |
| Tues. 2/4 | Evicted Book Study, 10:00 a.m.
Bereavement Support, 6:30 p.m. | Thurs. 2/13 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. | Mon. 2/24 | Lenten Book Study, 9:00 a.m.
Euchre Card Night, 6:00 p.m.
Financial Peace, 6:30 p.m. |
| Wed. 2/5 | Spirituality Book Club, 6:30 p.m. | Mon. 2/17 | Financial Peace, 6:30 p.m. | Tues. 2/25 | Evicted Book Study, 10:00 a.m.
Service Retreat, 6:00 p.m. |
| Thurs. 2/6 | Spirituality Book Club, 9:15 a.m. | Tues. 2/18 | Evicted Book Study, 10:00 a.m.
Bereavement Support, 6:30 p.m. | Wed. 2/26 | Spirituality Book Club, 6:30 p.m. |
| Fri. 2/7 | Sacred Circle, 1:00 p.m.
Fishes/Loaves Potluck, 5:30 p.m. | Wed. 2/19 | Spirituality Book Club, 6:30 p.m. | Thurs. 2/27 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. |
| Sat. 2/8 | Coffee Ministry, 7:30 a.m.
Crystal Bowl Med, 9:30 a.m. | Thurs. 2/20 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. | Fri. 2/28 | Prayer & Praise Night, 7:00 p.m. |
| Mon. 2/10 | Contemplative Pract 6:00 p.m.
Financial Peace, 6:30 p.m. | | | | |

MARCH

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| Mon. 3/2 | Lenten Book Study, 9:00 a.m.
Financial Peace, 6:30 p.m. | Mon. 3/9 | Lenten Book Study, 9:00 a.m.
Contemplative Pract. 6:00 p.m.
Financial Peace, 6:30 p.m. | Thurs. 3/19 | Spirituality Book Club, 9:15 a.m. |
| Tues. 3/3 | Evicted Book Study, 10:00 a.m.
Bereavement Support, 6:30 p.m. | Tues. 3/10 | Drumming Circle, 6:30 p.m. | Fri. 3/20 | Friday Art Fun Night, 6:30 p.m. |
| Wed. 3/4 | Sp. Com. for Educators, 4:00 p.m.
Spirituality Book Club, 6:30 p.m. | Wed. 3/11 | Spirituality Book Club, 6:30 p.m. | Sat. 3/21 | Lent Day of Reflection, 9:00 a.m. |
| Thurs. 3/5 | Spirituality Book Club, 9:15 a.m.
TLYAW, 6:30 p.m. | Thurs. 3/12 | Spirituality Book Club, 9:15 a.m. | Mon. 3/23 | Lenten Book Study, 9:00 a.m.
Euchre Card Night, 6:00 p.m.
Financial Peace, 6:30 p.m. |
| Fri. 3/6 | Sacred Circle, 1:00 p.m.
Fishes/Loaves Potluck, 5:30 p.m. | Sat. 3/14 | Coffee Ministry, 7:30 a.m.
Mother/Daughter Ret, 9:00 a.m. | Wed. 3/25 | Spirituality Book Club, 6:30 p.m. |
| Sat. 3/7 | Prayer Beads Retreat, 9:00 a.m. | Mon. 3/16 | Lenten Book Study, 9:00 a.m.
Financial Peace, 6:30 p.m. | Thurs. 3/26 | Spirituality Book Club, 9:15 a.m. |
| | | Tues. 3/17 | Bereavement Support, 6:30 p.m. | Fri. 3/27 | Prayer & Praise Night, 7:00 p.m. |
| | | Wed. 3/18 | Spirituality Book Club, 6:30 p.m. | Sat. 3/28 | Coffee Ministry, 7:30 a.m.
Crystal Bowl Med, 9:30 a.m. |
| | | | | Mon. 3/30 | Lenten Book Study, 9:00 a.m. |

Save the Date!

**A Place to Be
Cocktail Party and
Art Regatta Fundraiser**

Friday, August 14
*More details in our next
newsletter.*

How to register: Go online to www.aplacetobesc.org and click on Register link on the program description page. The donation for most events is due at the time of registration.

Financial assistance: If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 277-1928 or email lemensk@aplacetobesc.org. We are committed to serving everyone on their spiritual journey and will hold your request in confidence.

Social media: Follow us on Facebook and Instagram!
www.facebook.com/aplacetobesc
www.instagram.com/aplacetobesc

Community Connections



Lighthouse Youth Ministry is a collaboration of 5 Churches in the Port Washington and Saukville area. They welcome Middle and High School youth to participate in activities, trips and mission projects.

A Place to Be is pleased to be collaborating with Lighthouse Youth Ministry for a Lenten retreat for kids, grades 6-12, on Sunday, March 8 at 4:00 p.m. More information to come on our website and Facebook pages!

ALL are invited to come and participate! Members of participating Churches, those involved in other faith communities or those not involved in any faith community and just looking for ways to connect with people are all welcome at any Lighthouse Youth Ministry events!

For more information visit: www.lighthouseyouth.org.

Service Retreat: Serving Those Who Served for Us

Tuesday, February 25, 6:00-8:00 p.m.

Donation: Free-will offering

Families and folks of all ages are welcome to join us for this opportunity to learn about the needs of our veterans and participate in activities that will be donated to the Stars and Stripes Honor Flight. More information on page 7.



For information about community events, visit: www.aplacetobesc.org/calendar-of-events.html

Easter is April 12



If you are looking for a church community to attend Holy Week or Easter services, visit www.aplacetobesc.org/localworshipperservices.html

How to register:

Go online to www.aplacetobesc.org and click on "Register" link on the program description page. The donation for most events is due at the time of registration.

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Social media: Follow us on Facebook and Instagram!

www.facebook.com/aplacetobesc
www.instagram.com/aplacetobesc