

A Place to Be

Spirituality Center

April—June 2019

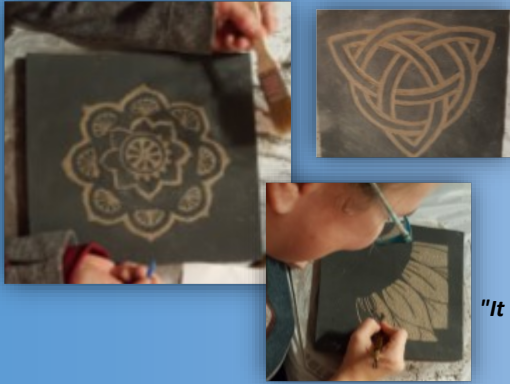
Newsletter

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WE'VE BEEN BUSY!

Here is a peek at what's been happening at the Center:



SGRAFFITO ART NIGHT

Monday, January 14 was a fun night of seeing an image come to life on our ceramic tile. Thanks, Barb, for your awesome guidance and to all who participated!



Participant Comment:

"It was a lot of fun and Barb Dickmann is doing a lot of work for us at her home with the kiln and everything. She's great!"

TAIZE PRAYER

Tim Handle led us in our first Taize prayer service on Thursday, January 17. It was a beautiful evening of music and prayer. We look forward to continuing to host Taize on the third Thursday of every month.

Participant comment:

"I decided last minute to take a break from a particularly chaotic day to give Taize a try. This peaceful evening service helped me to relax and refocus my energy. I left feeling much more at peace and with a renewed attitude."



GUARDIAN ANGEL RETREAT

On Saturday, January 5 we had a great group come in for our Guardian Angel painting retreat. Each artist went home with their own work of art, as well as a lot of inspiration and information about angels that they can carry with them, hearts full of memories and laughter with friends, old and new!



Participant comment: "A very fun, 'celestial' outing! Thanks for sharing Jenny and Kelly"

DRUMMING CIRCLE

We had a blast at our first Drumming Circle, led by Tim Handle on the morning of Saturday, January 19. By layering different rhythms over top of each other, each person was able to play an important part in creating one remarkable, unified sound. We look forward to more drumming circles in the future!



Participant comment: "The drum circle was not only my first drum circle, but also my first time at A Place to Be, so I was truly unsure what to expect. Tim was a great, patient teacher. Kelly is such a welcoming soul. The ladies who were at the circle with us made it so much fun - there were many giggles in addition to the drumming! I left feeling lifted up and happy - I can't ask more than that!"

CRYSTAL SINGING BOWL MEDITATION

Saturday, February 2



Prayer & Praise Night

Friday, February 8





On a cold Saturday in January, *A Place To Be* Leadership Team gathered to pray, reflect and discern next steps for the Center. As we shared, words and phrases were collected that became our image of

who we want to be (see image below). We reflected on those things that move us closer to that vision and those things that get in our way and we identified key initiatives to help us continue on our Mission. We expressed a desire to become more diverse and have begun reaching out to other faith communities to build relationships and offer collaboration. Are you interested in joining our Leadership Team? I'd love to talk to you about it!

This past winter, we also posted a community calendar on our website to help promote all the amazing spiritual and social events/programs available in our community. We would love to help promote events your church is doing! Contact Jenny Mitchell for more information.

Committing to our own individual prayer and reflection time, we acknowledge the importance of continuing our own faith journey as we strive to accompany others. Through Centering Prayer, Mindfulness Meditation, Taizé, Drumming and our Prayer & Praise Nights, we deepen our relationship with God and feed our own personal desire for the divine. Will you join us?

While quality, diverse programming is a primary objective, our Leadership Team reaffirmed our commitment to being a comfortable, accepting community where all feel supported on their spiritual quest. How are we doing? We would love to hear your thoughts! We have put a comments/suggestion box on the porch – please offer us your insights to consider.

Our Spring newsletter is filled with more exciting programs and retreats as well as some fun social nights. I am proud to offer new, diverse opportunities and introduce some new presenters.



I look forward to you joining us!
Kelly

Welcome!

Our mission:

A Place to Be is sacred space that welcomes everyone. Rooted in Christian values and led by the Holy Spirit, we are dedicated to supporting anyone in their search for meaning, wholeness, and the Divine.

We believe:

- ◇ In each of us dwells the Sacred.
- ◇ We need each other to recognize and honor that part of ourselves.
- ◇ As we grow in holiness, we contribute to bringing God's presence into our world.

Core Values:

- ◇ Sacredness: We believe in every person and all creation dwells the indwelling Spirit.
- ◇ Respect: Acknowledge the dignity, diversity, and worth of each person as a unique image of God.
- ◇ Community: Through prayer, empathy, listening and sharing, we create a safe, nonjudgmental, peaceful place.
- ◇ Hospitality: Welcome all with compassion, acceptance, and celebration.
- ◇ Professionalism: Commit to competence, quality, trust, and personal spiritual development.

A Place to Be Spirituality Center

2561 Hwy 32, Port Washington, WI 53074
On the corner of Cty Rd LL and Hwy 32

Phone: (262) 284-9035

Website: www.aplacetobesc.org

Email: information@aplacetobesc.org

Facebook: www.facebook.com/aplacetobesc

Spiritual Living & Support

Bereavement Support

Every 1st and 3rd Tuesday

6:30-7:30 pm

Facilitators: Kelly Lemens

Donation: Free-will offering

The journey through grief is not easy. There is help along the way - it can come from those around you, like family and friends, or others who have experienced grief before you. You'll have the opportunity to process your own unique experience while receiving the comfort and support from others who have personally experienced loss.



Spirituality Book Club

Wednesdays, 6:30-8:00 pm *or*

Thursdays, 9:00-10:30 am

Facilitator: Kelly Lemens

This group provides encouragement and fellowship for anyone looking to delve deeper into different



areas of Spirituality. Join other seekers in studying a faith topic using a variety of genres followed by reflection, discussion, and prayer.

Sacred Circle

Contemplation &
Dialogue
for Seekers

Every 1st Friday

1:00—3:00 pm

Facilitator:
Kelly Lemens

Donation: Free-will offering



Sacred Circle is for anyone desiring a deepening in awareness of themselves and the Divine, the opportunity to explore their own inner territory, and dialogue with other seekers about the journey. Through contemplation and compassionate dialogue, *Sacred Circle* provides sacred space for compassionate listening, both to our inner selves and to others, in a way that restores our sense of self and the Divine.



How to register:

Go online to www.aplacetobesc.org and click on “Register” link. The donation for most events is due at the time of registration.

Financial assistance: If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 284-9035 or email lemensk@aplacetobesc.org.

We are committed to serving everyone on their spiritual journey and will hold your request in confidence.

(continued)

Men's Scripture Study

Every Wednesday, 6:00-7:00 am

Facilitators: George Ploof & Mark Goeden

Donation: Free-will offering



Join other men in reading and reflecting on Sunday scripture readings. This is an ecumenical group.

No registration necessary.



Walking in the *FootPrints* of Jesus - *A Discipleship Journey*

4th Tuesday of the month: 4/23, 5/28, 6/25 6:30-8:00 pm

Facilitator: Mark Goeden & John Tisdale

Donation: Free-will offering

As Christians, we all have one fundamental baptismal identity: *we are disciples of Jesus Christ*. A disciple entrusts their very selves in the person of Jesus Christ and strives to be like Christ more and more every day. Discussions center around the monthly discipleship materials prepared and distributed by the St. John XXIII Evangelization Team. Come and share, ask questions and learn along with others as we travel together on our discipleship journey.



Are you looking for church services to attend this Lenten and Easter season?

Visit our events calendar to see a selection of options to worship in various faith communities:

<https://www.aplacetobesc.org/calendar-of-events.html>

The Passion of the Christ Viewing & Discussion

Friday, April 19

6:30-9:30 pm

Facilitators: George Ploof

Donation: Free-will offering

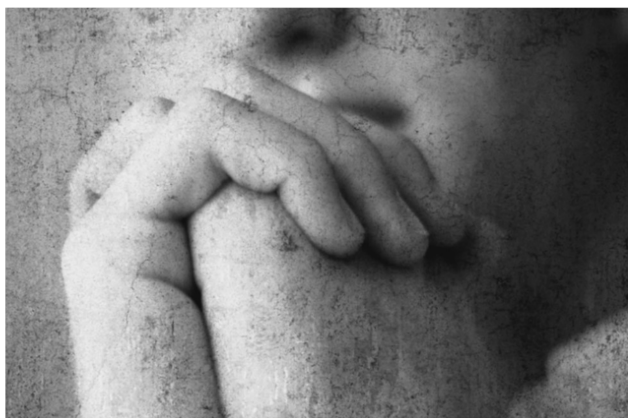
Please register if you plan to attend.

All are welcome!



Spiritual Living & Support

(continued)



Healing Hands

By appointment

Practitioner: Maria Giordano, HCT

Donation: \$55 for a one-hour session

Hands on healing is a complementary healing technique for stress-reduction and relaxation to improve health and well-being. Hands on healing combines deep breathing, meditation, and light touch to bring balance to your body, mind, and spirit. Benefits include: releases stress and pain, calms anxiety and depression, enhances the immune system, improves sleep patterns, and maintains health. Contact Maria book an appointment at mariag@healinghandsenergy.com.



Day of Solitude

Based upon availability

Facilitator: Kelly Lemens

Donation: \$35, includes optional spiritual companioning session and simple meal

Yearning for a day to unplug and pause from the demands of life? You are invited to spend a day of solitude at the Center where you are given permission to simply BE. Solitude offers a place to listen to and rest in God. Choose a day that works for you. Begin and end the day with prayer with a Spiritual Companion. You will be offered a private, comfortable room and a simple meal. Options include attending Daily Prayer, using our art supplies, enjoying a walk along the nearby walking trail or lakefront, and meeting with Kelly Lemens, Spiritual Companion, if you wish.

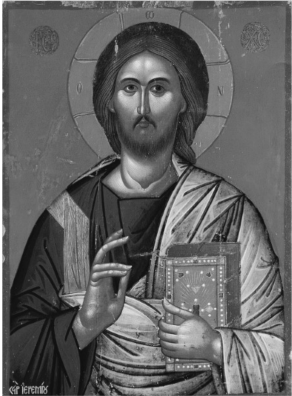
Spiritual Resource Library - *NEW TITLES Available !*

Our library features a variety of books, cd's and dvd's on a multitude of topics, available to check out, to foster personal and spiritual well being. Our library space also has comfortable seating and great light for anybody who wants to relax with a book on site.

As we are expanding our library, if you have spiritual books that you would like to give a new home, we are accepting donations. If they do not fit in our library, we will pass donations along to St. Vincent de Paul.



Retreats



Visio Divina: What We Can Learn From Sacred Art

Saturday, April 6 9:00 am—noon

Facilitator: Al McCauley

Donation: \$25

Inward realities are often made known by the use of outward signs and symbols. For two millennia Christian artists have woven symbolic details throughout their masterpieces in order to convey theological truths, inspire the faithful, and educate the illiterate masses.

Join us as we learn how to “read” Christian art in order to more deeply understand and appreciate our rich heritage and faith tradition, and as a means to encounter the Divine through contemplation.

Native (American) Indian Spirituality

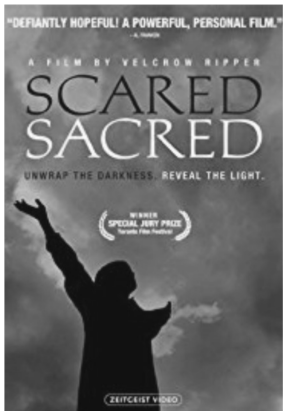
A Historical Perspective

Saturday, April 13, 10:30 am-noon

Presenter: Richard Gonzalez

Donation: \$25

What is a Native (American) Indian? Do they still exist? Come and learn from a Catholic member of the Haudenosaunee (Iroquois), Onyota^a:k(Oneida), and Latinyatha (Turtle Clan). Hear his Creation story and why he embraces both the Sacred Harmony and the Eucharist. Hear his family history, including forced enculturation and stories of survival. Through power point, personal photos, records, and documents, receive insights in our Brothers and Sisters in Christ!



Contemplative Movie Night: *Scared Sacred* Part II

Tuesday, April 23, 6:00-8:00 pm

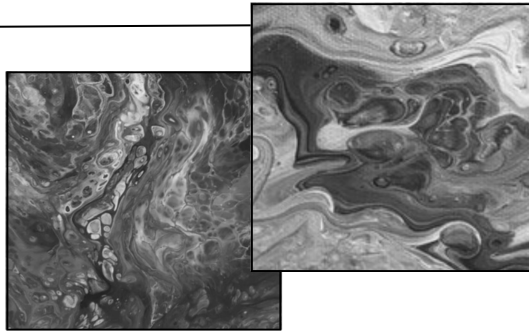
Facilitator: Kelly Lemens

Donation: Free-will offering

In a world teetering on the edge of self-destruction, award-winning filmmaker Velcrow Ripper sets out on a unique pilgrimage. Visiting the ‘Ground Zeros’ of the planet, he asks if it’s possible to find hope in the darkest moments of human history. Ripper travels to the minefields of Cambodia; war-torn Afghanistan; the toxic wasteland of

Bhopal; post 9/11 New York; Bosnia; Hiroshima; Israel and Palestine. This powerful documentary captures his five-year odyssey to discover if humanity can transform the ‘scared’ into the ‘sacred’. In each Ground Zero, he unearths unforgettable stories of survival, of ritual, resilience and recovery. We will watch the movie, then reflect and discuss to process what we have heard and learned. Join us for an evening of challenge, inspiration, and sharing dreams for a better world.

Retreats



Paint Pouring Art Retreat

May 2, 6:00–8:00 p.m.

Facilitators: Jenny Mitchell & Kelly Lemens

Donation: \$35

How do you respond to unexpected developments in your life? So often we try to control our environment and forget to appreciate the beauty in God's plan for our lives. At this art retreat, we will explore the wonder of letting go and relinquishing control with acrylic paint pouring. As we experiment with colors and techniques participants will be encouraged to become aware of how they are feeling as the paint falls in unpredictable ways and will have an opportunity to reflect on their responses. Each participant will create two 10" x 10" canvases to take home with them.

Step Into the Story of Your Life

Saturday, May 4;
9:00 am–3:00 pm

Facilitators:

Kathy Walczyk &
Kelly Lemens

Donation: \$35,
includes lunch



Sharing our stories is how we get to know each other. How do you tell your story? Do you listen to your own story? *We are the stories we tell ourselves.* What does the story you are telling say about you?

Join us for a day of reflection and storytelling. Through sharing and listening, new perspectives of your story may emerge. You will be offered simple tools to empower you to step into your own story and to move toward the vision of your life.

Contemplative Movie Night:

Inside Out

Tuesday, May 14, 6:00–8:00 pm

Facilitator: Kelly Lemens

Donation: Free-will offering

Inside Out invites viewers, young and old, to take a look inside their own minds. Through the emotions of an 11-year-old girl, the film has some deep things to say about the nature of our emotions. You will laugh and cry as the inventive storytelling moves you through joy, sadness, anger, fear and disgust. Join us as we watch the movie then discuss its four main insights and reflect on the nature of our own emotions and how they affect our life.



How to register: Go online to www.aplacetobesc.org and

click on Register link. The donation for most events is due at the time of registration. **Financial assistance:** If you would like to attend a program but cannot manage the entire donation, please call Kelly Lemens, Director, at (262) 284-9035 or email lemensk@aplacetobesc.org. We are committed to serving everyone on their spiritual journey and

(continued)

Teacup vs. Tea: What is your Cup Filled With?

Thursdays, May 30 & June 6

6:30-8:30 pm

Facilitators: Kelly Lemens & Barb Dickmann

Donation: \$35

There are two major tasks in life: the first task is to build a strong “container” or identity; the second is to discover the contents that the container was meant to hold. In the first half of our lives, we establish our identities, build a home, settle into a career and begin our families. At some point, we begin to desire the deeper meaning underneath our identity, the Divine’s deepest desire for our lives. In this two-part workshop, we will explore the different halves of our lives and how they have and are shaping our lives today. As we explore our first tasks, Barb will help us “build” our own clay containers; then in our second session we will reflect on what will fill these containers as we glaze and put the final touches on the containers we created. Join us for this reflective, creative series.

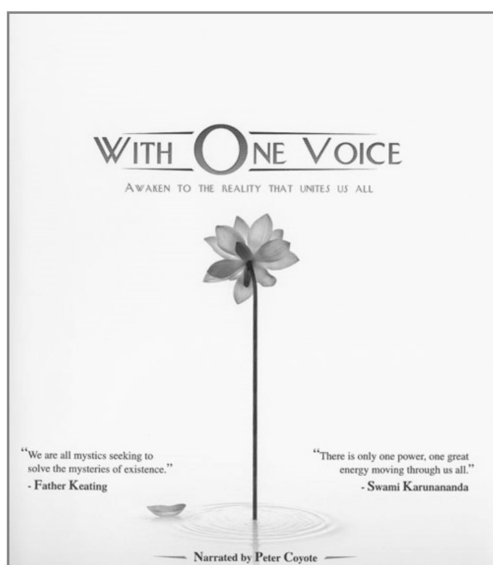


Contemplative Movie Night: With One Voice

Tuesday, June 11, 6:00 — 8:30 pm

Facilitators: Kelly Lemens

Donation: Free-will offering



With One Voice brings together mystics from fourteen different spiritual traditions to share their perspectives on the unifying truth that transcends all religions. In this documentary, these awakened teachers address profound questions about life and love, the existence of God, the path to spiritual awakening, and the way to true peace in the world. Not only do they address life’s questions with eloquent, moving, and often humorous candor, but they offer answers... answers ancient and new, simple and complex, and always provocative. Through their words and compelling presence, they ask us to look within our own hearts and listen deeply, so we too can join the conversation and speak With One Voice. We will watch the documentary then reflect and discuss to process what we have heard and learned. Join us for an evening of challenge, inspiration, and sharing dreams for a better world.

Prayer & Meditation



AGLOW

2nd Monday of the month

1:00-4:00 pm

Facilitator: Vicki Gumina

Donation: Free-will offering

AGLOW International is a worldwide movement of Spirit-filled women and men whose mission is to bring the full Gospel of Jesus Christ to the Nations. North Point power plant is the area's local AGLOW Chapter. Our gathering is a time of worship, intercession, teaching, and personal prayer. All are welcome. Come and experience the love and power of the Lord.



Centering Prayer

2nd Monday of the Month

6:00-6:30 pm

Facilitator: Varies

Donation: Free-will offering

Centering prayer is a receptive method of prayer, one of resting in God's presence so that one experiences God's presence within. The focus is on deepening one's relationship with the living Christ. Different from active modes of prayer—verbal, mental, or affective prayer—centering prayer is done in silence which emphasizes prayer as a personal relationship with God and as a movement beyond conversation with Christ to communion with Christ.

Taizé Prayer

Thursday May 16 & June 20

6:00-7:00 pm

Facilitator: Tim Handle

Donation: Free-will offering

Through sung and chanted prayers, meditation, silence and scriptural readings, we rest in God's loving presence and create interior room to experience God's presence within. Taizé prayer is a time to let the words listened to and sung penetrate one's being. This is an elegantly simple prayer service that offers a calming, quiet respite from the day-to-day tasks of life. Come, be with God, discern His presence, then carry His joy into the rest of your day.



(continued)

Prayer & Praise Worship Night

2nd Fridays; 7:00 pm-8:30 pm

Facilitator: Varies

Donation: Free-will Offering

Join us for an evening of Prayer & Praise! Gathering begins at 6:30 p.m. with worship to follow. The evening will begin with praise & worship music by contemporary artists such as Chris Tomlin, Mercy Me, & Casting Crowns. We will reflect on a Gospel passage, offer our intentions and share a sign of peace. After, stay for refreshments and fellowship. A non-denominational worship event, folks from all spiritual paths are invited – **all are welcome!**

No registration necessary.



Drumming Circle

Saturday, May 11

Noon-2:00 pm

Facilitator: Kathy Walczyk and members of a Green Bay Drum Circle

Donation: \$5-\$10



Come drum with us!

Make music!

Celebrate community and life!

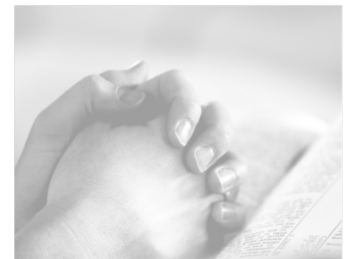
Members of a drum circle from Green Bay invite everyone to join the circle. Try out some of our drums or bring your own. Native flutes, ukuleles, singing bowls, and simple percussion instruments are also welcome. If you are shy about drumming, come, listen, and if you decide to, give it a try! No experiences necessary. All are welcome!

Daily Prayer

Daily, 11:30 am & 5:00 pm

Facilitator: Varies

Donation: Free-will offering



The community at *A Place to Be* gathers for prayer twice a day – at midday (11:30 am) and evening (5:00 pm). Communally, we pray the Liturgy of the Hours, which includes psalms, readings from scripture and other writings, and intercessory prayer for all those who have asked for our prayers. Woven throughout are times of silence to allow space for God's presence to be experienced.

Prayer & Meditation

(continued)

Mindfulness Mondays

3rd Monday of the Month, 2 Sessions:

1:00-2:00 pm & 6:00 -7:00 pm

Facilitator: Kathy Walczyk

Donation: \$5 - \$10

Mindfulness invites you to slow down, to breathe, and to find balance. Mindfulness invites a gentle, non-judgmental look inward. Each monthly gathering will include simple teaching, time for discussion, a meditative body scan, and a fifteen to twenty minute silent meditation.



Come as you are.

Come when you can.

Drop-ins always welcome.



No experience necessary. Dress in comfortable clothing. Chairs available or bring your own cushion, mat, or bench.

Crystal Singing Bowl Meditation



Saturday, June 1

9:00—10:30 am

Facilitator: Maria Giordani

Donation: \$15

Crystal singing bowl meditation integrates the healing vibrational sound of crystal bowls with the transformative energy of crystals and stress reduction. It will calm your soul, balance your energy flow. The vibrations of sound can create a state of relaxation and tranquility deep within. They can also stir and release blocked energy, pain, anxiety and emotions and take you to a place of greater self-awareness.

Come, join us and feel the presence of God.

Socials

Community Euchre Nights

Every 4th Monday

6:00-8:00 p.m.

Facilitators: Jenny & Kenny Mitchell

Donation: Free-will offering

Join us for a fun, social evening of snacks, fellowship and cards at A Place to Be Spirituality Center! Whether you are a Euchre pro, novice, or just want to learn a new game, please join us. All are welcome! This is a free-will offering social event. Come learn, play, and enjoy an evening of cards with us! Please contact Jenny Mitchell with any questions: mitchellj@aplacetobesc.org, 414-339-0561.

No registration needed.



Friday Art Fun Nights

March 22, May 17, June 21

6:00-8:00 p.m.

Facilitator: Jenny Mitchell

Donation: \$15/session

TGIF! At the end of the week, don't we all deserve to relax, enjoy amazing company, and let our creativity shine? Join us for our Friday Art Fun Nights, where we welcome guests to participate in an evening of art and refreshments. Each month we will feature an instructor-led art project with supplies on hand for anybody who would like to join us in creativity and friendship. Whether you are a seasoned artist or have no art experience, we would love to welcome you for socialization and self expression at our Friday Art Fun Nights!

Registration requested so we can make sure we have enough supplies.

Fishes & Loaves Potluck & Game Night

Fridays: 4/5, 5/3, 6/7

5:30—9:00 pm

Donation: Free-will offering

Join us for food, fellowship, and friendship. Bring a friend, a dish to pass, or yourself for a potluck supper with the A Place to Be community. No registration necessary.



Spiritual Companionship

Spiritual companionship is the process of sharing one's sacred stories with a trained, compassionate listener. It can be helpful to anyone seeking spiritual growth, healing, or a deeper connection with God and others. It is a time-honored practice of compassionate, non-judgmental listening to another in a safe setting where what is shared is held with reverence and confidentiality.

A trained spiritual companion will listen intently, patiently, and confidentially as you share your sacred stories. Your spiritual companion will journey with you as you navigate through life's complexities and transitions, and be a trusted guide as you discover your inner wisdom. Spiritual companions do not offer counseling, advice, or problem solving. Rather, they accompany you as you explore your own spiritual path.

Why Spiritual Companionship?

Seeking God is a universal human quest — common to all ages and to all cultures. Growth in the quest for God happens when we pray with honest, authentic desire. The spiritual companion helps an individual to sort out the various desires in their life and to recognize and respond to their desire for God. Do you desire a compassionate, non-judging listener? Do you long to grow spiritually and communicate with God? Qualified spiritual companions can help you place yourself freely before God and reflect on your life experiences. Spiritual companions are often thought of as “trained listeners,” or people who guide you to discover what is already within you.

Typically, spiritual companionship is one hour long and occurs monthly and/or during a directed retreat.

Suggested donation is \$50 per hour. If the donation is beyond your means, please request a scholarship. No one will be turned away because of the inability to pay.

Our Spiritual Companions



Kelly Lemens

lemensk@aplacetobesc.org



Kathy Walczyk

(based out of Green Bay)

Please check out detailed biographies on each of our Spiritual Companions at www.aplacetobesc.org.

Friends of the Center

A Place to Be Spirituality Center relies on donations to keep our programs, retreats, and spiritual companionship affordable and accessible to all who seek support. With your support, we can continue offering life-changing programs and retreats to meet the spiritual needs of adults, offering hospitality, peace, hope, gentle care. Whether you've contributed in the past or are ready to make a first-time gift, would you consider making a monthly gift? Year-round, consistent support is vital to sustaining our ministry.

Friends of the Center is a monthly giving program that fits your budget. You decide the amount of your gift and authorize your bank to transfer that amount from your checking account directly to *A Place to Be* Spirituality Center. It's that easy! Not only is it convenient and safe, but your donation goes further by reducing administration, postage, and paper costs.

You can designate your gift to our scholarship fund or to our general donation fund. Either way, know that you are helping others on their path to connecting with God, meaning, and wholeness. Thank you for your generosity.

For more information and an enrollment form, visit www.aplacetobesc.org and click on *Support Us* button or call (262) 284-9035.

IMPORTANT INFORMATION

Registration Process

Please visit the *A Place to Be* Spirituality Center website at www.aplacetobesc.org to register for each session. The donation is required at the time of registration. If you would like to pay in installments or register by phone, please call (262) 284-9035 or send an email to information@aplacetobesc.org. We accept credit cards, personal checks and cash for all registrations not completed online. The donation must be made in full prior to the start of the program to be a confirmed participant.

Refund Policy

Cancellations made at least 48 hours before the start time of an event will qualify for a refund.

Registration Deadlines

Many programs/retreats have a registration deadline. This will help us make important decisions regarding the status of the program/retreat. Many programs fill quickly; early registration is recommended to guarantee placement. Prompt registration also help reduce the possibility that a program or retreat might be canceled due to insufficient enrollment, an issue that inconveniences both participants and presenters.

Scholarship Information

We honor and respect everyone in their search for spiritual healing, growth and renewal and will not turn anyone away because of inability to pay. Our scholarships are based on need and the type of program or retreat. We give scholarships to anyone who asks for financial assistance for spiritual direction and partial scholarships for programs or retreats. Please contact us for more detailed information about scholarships and payment options for specific retreats and programs.

Where to Find Us

A Place to Be Spirituality Center is in the south-east area of Port Washington on the corner of Hwy 32 and County Road LL. The Center shares the property with Goebel Woodworking and is located in the house facing Hwy 32.

Hours of operation:

Monday—Thursday: 10:00 am—6:00 pm

Other times by appointment.

Telephone: (262) 284-9035

Email: information@aplacetobesc.org

Wish List

Some choose to support the Center by donating items on our Wish List. All donations will help to keep our programs, retreats, and other offerings accessible and affordable. Your support is greatly appreciated:

Bookshelves Art Supplies
Book Ends Vacuum Cleaner

Volunteer Opportunities

Volunteers are special people who make important things happen! *A Place to Be's* volunteers are essential to its mission and, without their generosity, could not exist. We are grateful for their help in the following areas:

- ◇ Presenters and facilitators
- ◇ Listeners
- ◇ Advisory board and committee members
- ◇ Hospitality helpers
- ◇ Receptionists
- ◇ Housekeeping and gardeners
- ◇ Decorators for holidays and special events
- ◇ Volunteers in many capacities in the planning, preparation for and carrying out of an annual fundraising event.

If you would like to share in the work of *A Place to Be* Spirituality Center as a volunteer, we would welcome the gifts of your skills and service. Please contact Kelly Lemens at (262) 284-9035 or email lemensk@aplacetobesc.org.

Our Leadership Team



Dan Becker



Karen Becker



Barbara Bode



Bob Burant



Mark Goeden



Fr. Patrick Wendt

Our Staff



Kelly Lemens
Director



Jenny Mitchell
Marketing
Coordinator

Attention Art Lovers!

We are looking forward to hosting an amazing Art Relay fundraiser in August. This event will feature original works of art by local artists, and attendees will have the opportunity to take home their own one-of-a-kind work of art! More details will follow on our website and facebook page, so be on the alert!

Are you an artist that would like to be featured in this event?

Contact us if you have a piece of art that you would like to donate. Thank you!



Online Program Offerings

Facilitator: Varies

Donation: Varies

We are very excited to announce that some of our programs are now available ONLINE, and we are looking forward to expanding the offerings as new programs are introduced! Online programs will allow for those who cannot make it to our classroom discussions to learn at their own pace, whenever their schedules allow. Participants will have access to discussion questions that allow dialogue with both the discussion leader and other members of the class.

Current programs available online include:

A Journey Through the Bible

and

The Sacred Art of Fasting

with more to come!

Visit our website for more information and to register!

Dine Out for APTB

Please join us at these local businesses for our dine-out fundraisers. Just mention APTB and a portion of the proceeds will be donated back to us!

Thursday, April 11 at Pasta Shoppe

Wednesday, May 8 at Charcoal Grill



We have been so blessed with tremendous support from our community these past several months, through donations of time, goods and finances. **We would like to extend a special thank you to those who have anonymously donated money to our free-will offering jar at the Center.** We are truly touched and grateful for the kindness of those who have given so generously to our programs.

THANK YOU!

Calendar of Events

Tues, Apr. 2 Bereavement Support, 6:30 pm
 Wed, Apr. 3 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, Apr. 4 Spirituality Book Club, 9:00 am
 Fri, Apr 5 Fishes & Loaves Pot Luck, 5:30 pm
 Sat, Apr 6 Visio Divina Retreat, 9:00 am
 Sun, Apr 7 TMIY, 6:15 pm
 Mon, Apr 8 AGLOW Prayer Group, 1:00 pm
 Centering Prayer, 6:00 pm
 Wed, Apr 10 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, Apr 11 Spirituality Book Club, 9:00 am
 Fri, Apr. 12 Prayer & Praise, 7:00 pm

Wed, May 1 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, May 2 Spirituality Book Club, 9:00 am
 Paint Pouring Retreat, 6:00 pm
 Fri, May 3 Sacred Circle, 1:00 pm
 Fishes and Loaves Potluck, 5:30 pm
 Sat, May 4 Storytelling Retreat, 9:00 am
 Tues, May 7 Bereavement Support, 6:30 pm
 Wed, May 8 Mens Scripture Study 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, May 9 Spirituality Book Club, 9:00 am
 Sat, May 11 Drumming Circle, 12:00 pm
 Mon, May 13 AGLOW, 1:00 pm
 Centering Prayer, 6:00 pm
 Tues, May 14 Contemplative Movie, 6:30 pm

Sat, June 1 Singing Bowl Meditation, 9:00 am
 Tues, June 4 Bereavement Support, 6:30 pm
 Wed, June 5 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, June 6 Spirituality Book Club, 9:00 am
 Clay Container Retreat, 6:30 pm
 Fri, June 7 Sacred Circle, 1:00 pm
 Fishes and Loaves Potluck, 5:30 pm
 Mon, June 10 AGLOW, 1:00 pm
 Centering Prayer, 6:00 pm
 Tues, June 11 Contemplative Movie Night, 6:30 pm
 Wed, June 12 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm

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Sat, Apr. 13 Native Indian Spirituality, 10:30 am
 Mon, Apr. 15 Mindfulness Meditation, 1:00 & 6:00 pm
 Journey Through the Bible, 6:30 pm
 Tues, Apr. 16 Bereavement Support, 6:30 pm
 Wed, Apr 17 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, Apr 18 Spirituality Book Club, 9:00 am
 Fri, April 19 Passion of the Christ movie, 6:30 pm
 Mon, Apr 22 Euchre Card Night, 6:00 pm
 Journey Through the Bible, 6:30 pm
 Tues, Apr. 23 Walking in the Footprints, 6:30 pm
 Wed, Apr. 24 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, Apr. 25 Spirituality Book Club, 9:00 am

Wed, May 15 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, May 16 Spirituality Book Club, 9:00 am
 Taizé 6:00 pm
 Fri, May 17 Friday Art Fun Night, 6:00 pm
 Mon, May 20 Mindfulness Meditation, 1:00 & 6:00 pm
 Tues, May 21 Bereavement Support, 6:30 pm
 Wed, May 22 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, May 23 Spirituality Book Club, 9:00 am
 Mon, May 27 Euchre Night, 6:00 pm
 Tues, May 28 Walking in the Footprints, 6:30 pm
 Wed, May 29 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, May 30 Spirituality Book Club, 9:00 am
 Clay Container Retreat, 6:30 pm

Thurs, June 13 Spirituality Book Club, 9:00 am
 Fri, June 14 Prayer & Praise Night, 7:00 pm
 Mon, June 17 Mindfulness Meditation, 1:00 & 6:00 pm
 Tues, June 18 Bereavement Support, 6:30 pm
 Wed, June 19 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, June 20 Spirituality Book Club, 9:00 am
 Taizé, 6:00 pm
 Fri, June 21 Friday Art Fun Night, 6:00 pm
 Mon, June 24 Euchre Night, 6:00 pm
 Tues, June 25 Walking in the Footprints, 6:30 pm
 Wed, June 26 Mens Scripture Study, 6:00 am
 Spirituality Book Club, 6:30 pm
 Thurs, June 27 Spirituality Book Club, 9:00 am

Friday Art Fun Nights

March 22, May 17 & June 21, 6:00-8:00 p.m.

Facilitator: Jenny Mitchell

Donation: \$15/session

TGIF! At the end of the week, don't we all deserve to relax, enjoy amazing company, and let our creativity shine? Join us for our Friday Art Fun Nights, where we welcome guests to participate in an evening of art and refreshments. Each month we will feature an instructor-led art project with supplies on hand for anybody who would like to join us in creativity and friendship. Whether you are a seasoned artist or have no art experience, we would love to welcome you for socialization and self expression at our Friday Art Fun Nights!

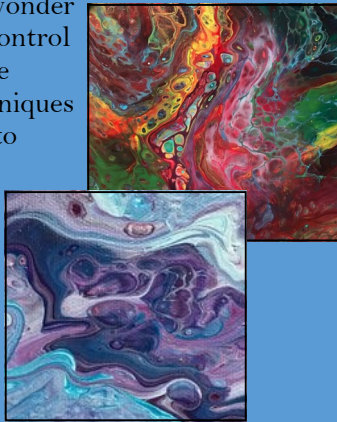
Paint Pouring Art Retreat

May 2, 6:00-8:00 p.m.

Facilitators: Jenny Mitchell & Kelly Lemens

Donation: \$35

How do you respond to unexpected developments in your life? So often we try to control our environment and forget to appreciate the beauty in God's plan for our lives. At this art retreat, we will explore the wonder of letting go and relinquishing control with acrylic paint pouring. As we experiment with colors and techniques participants will be encouraged to become aware of how they are feeling as the paint falls in unpredictable ways and will have an opportunity to reflect on their responses. Each participant will create two 10" x 10" canvases to take home with them.



The Container & The Contents

Thursday, May 30 & June 6
6:30—8:30 pm

Facilitator: Kelly Lemens & Barb Dickmann

Donation: \$35

There are two major tasks in life: the first task is to build a strong "container" or identity; the second is to discover the contents that the container was meant to hold. In the first half of our lives, we establish our identities, build a home, settle into a career and begin our families. At some point, we begin to desire the deeper meaning underneath our identity, the Divine's deepest desire for our lives. In this two-part workshop, we will explore the different halves of our lives and how they have and are shaping our lives today. As we explore our first tasks, Barb will help us "build" our own clay containers; then in our second session we will reflect on what will fill these containers as we glaze and put the final touches on the containers we created. Join us for this reflective, creative series.



DINE OUT FOR A PLACE TO BE

Mark your calendar and treat yourself to a delicious night out while supporting A Place to Be!

These local restaurants are generously donating a portion of their dine-in proceeds from these dates to support our retreats and programming. Just mention A Place to Be when you place your order on these dates.

Pasta Shoppe: Thursday, April 11 from 4:30-9:00 p.m.

Charcoal Grill and Rotisseries: Wednesday, May 8 from 4:00-9:00 p.m.

Thank you also to Beanies and Newport Shores for hosting our February and March fundraising events!



Thank you for supporting us & these local businesses!



*Easter is the only time of the year
that it is safe to put
all of your eggs
in one basket.*



Sunday, April 21

A Place to Be
Spirituality Center

GIFT CERTIFICATES AVAILABLE
toward any of our programs or offerings.
Contact us for more information.



Mother's Day
Sunday, May 12

*God could not be everywhere,
and therefore
he made
MOTHERS.
-Rudyard Kipling*

**A father is someone
You look up to
No matter how
TALL
You grow.**



Fathers Day
Sunday, June 16